

College Sport Futsal

Information: Term 4, 2024

AUT North Campus



Northern Region
Football



College Sport
Auckland



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Key Contacts

Role	Name	Phone	Email
Venue Coordinator	Jamie Mew	021 823 117	N/A
Competitions Manager (College Sport Auckland)	Olivia Cundy	021 964 712	olivia@collegesport.co.nz
Futsal Development Manager	Aidan Wong	022 612 6011	aidan.wong@nrf.org.nz

AUT North Campus – Sport & Fitness Centre
90 Akoranga Drive, Northcote

Competition Dates & Timings

Date	Game Week	Notes
18 th October	Round 1	
25 th October	Round 2	
1 st November	Round 3	
8 th November	Round 4	
15 th November	Round 5	
22 nd November	Round 6	
29 th November	NO GAMES	Venue Unavailable
6 th December	Round 7	

Kick off times;

- 4:40 PM
- 5:20 PM
- 6:00 PM
- 6:40 PM
- 7:20 PM



Referees

As you may be aware, Futsal is rapidly growing in popularity across Auckland. While this is exciting for the sport, it has also led to a shortage of qualified referees in the region. This shortage is particularly pronounced in South Auckland, where the increasing number of competitions and players is outpacing the availability of referees.

As the sport continues to expand, we are working diligently to address these challenges and ensure that all games are properly officiated.

With that in mind, we are actively seeking individuals who are passionate about Futsal and interested in becoming referees. If you or someone you know would like to get involved, we encourage you to reach out to NRF. We offer support and training to guide new referees on their journey, and all official appointments include financial reimbursement to recognize and compensate their valuable service.

Your involvement would make a significant impact on the growth and success of Futsal in our community, and we look forward to hearing from anyone who wishes to take part in this rewarding opportunity.

Please scan the QR code to register your interest.





Simplified Regulations

Equipment & Uniform

- **All players MUST wear non-marking footwear**
 - Non-compliance will result in the player not taking the field
 - Any repair costs for damages will be passed onto the school
- All players must wear same colour playing shirt, except for the goalkeeper who must wear a different coloured shirt or bib
- Shin pads with socks high enough to cover shin pads

Match Timings (40 minutes in total)

- 2x 16-minute halves
- 3-minute half time break
- 5-minutes between matches

Simplified Laws of the Game

5 players on the court per team; this includes a goalkeeper

Rolling substitutes, do not need to notify referee. Players must exit court before substitutes can enter

If the ball exits the field of play (side out), a kick-in takes place to restart play at the spot the ball exits

If the ball exits the field of play (goal line) it is either;

- Goalkeeper throw
- Corner kick

Players in possession of a restart of play, have 4 seconds to restart once the ball is set;

- kick in, free kick, corner kick, goalkeeper throw

All players including the goalkeeper are allowed on any part of the court including the penalty area

Simplified Laws of the Game cont.

Number of Players & Substitutions

- 5 players are on the court at one time (4 court players and 1 goalkeeper)
- Substitutions are unlimited “flying” substitutions.
- Players can re-enter the game from their own bench without notifying the referee.
- A substitute cannot enter the court until the player coming off has left the court.
- The referee must be notified if the goalkeeper is changed.

Equipment & Uniform

- All players must wear non-marking footwear
- All players must wear same colour playing shirt, except for the goalkeeper who must wear a different coloured shirt or bib
- Shin pads with socks high enough to cover shin pads

Start of Play:

From a kickoff, the ball is in play once it is kicked and moves in any direction. The opposing team must be inside their own half and outside the centre circle, or 3 meters away if no centre circle is present

Out of Play

- Ball is placed on the sideline or the corner. Ball must be stationary and kicked into the court. Only the kicker is allowed off the court
- Players have 4 seconds to kick the ball into play.
- All opposing players must be at least 5 meters from the ball.
- A goal cannot be scored directly from a kick-in unless it touches another player.
- The non-kicking foot can be anywhere (there are no foot fouls during kick-ins)
- The entire ball must be over the line for it to be out-of-bounds or a goal

Goalkeepers

- Goalkeepers may only play the ball (with any part of their body) once per possession inside their own half. Once a goalkeeper has released the ball, they cannot play the ball again in their own half of the court until the opposition has touched the ball or gone out of play (A save does not count as a touch).
- Goalkeepers have 4 seconds to control the ball in their own half.
- Goalkeepers are not allowed to pick up a back pass from any of their teammates.
- Goalkeepers must throw the ball from the goal area to restart from a goal clearance.
 - Opposition must be outside the penalty area during this restart
- Goalkeepers are not allowed to “drop-kick” the ball from a goal clearance

Fouls, Free Kicks, Penalties

- There is no offside rule in Futsal
- Players can score from direct free kicks, but not from indirect free kicks. Referees will inform teams which it is.
- Opposing players must be 5 meters from the ball during free kicks
- A penalty kick is awarded if a team commits a direct free kick inside the penalty area. All other players must be behind the ball and at least 5 meters away.
- If 2 or more players are in a “wall”, attackers must be at least 1 meter from the “wall”

GOOD SPORTS

"Hey Mum and Dad, this is how you can help me make this season a great one!"

- 1 Keep it FUN
- 2 Remember MY MISTAKES ARE FOR LEARNING
- 3 Focus on MY EFFORT & IMPROVEMENT
- 4 Please SUPPORT EVERYONE, INCLUDING THE OPPONENTS
- 5 After every game say to me "I LOVE WATCHING YOU PLAY"

www.goodsports.org.nz

 [goodsportsnz](https://www.facebook.com/goodsportsnz)



Sideline Behaviour

We understand the sporting environment can be highly competitive and stressful for all involved. However, due to the nature of the environment we are trying to create and the age group involved, College Sport Auckland & Northern Region Football will not tolerate any unsporting sideline behaviour in our environment.

As adults we ask you to be fostering a safe space for the children to play, focus more on enjoyment and skill development. Some players will naturally be competitive which is totally acceptable, however try not to put additional pressure on them to win or perform, but for them to enjoy the game and develop their skills.

NRF will have a zero-tolerance approach to any unsporting sideline behaviour towards a referee, staff member, opposition players/parents.

Anyone found not adhering to this principle will be asked to leave the premises.

However, if you find any supporters/parents or coaches getting worked up, please consider the following techniques to prevent/minimize any misconduct;

- Kindly remind them of the principles of kids' sport and the futsal environment
- Ask them to move further away from the playing environment out of earshot
- Ask the person to take a 5min walk away from the playing environment to cool down



Venue Information

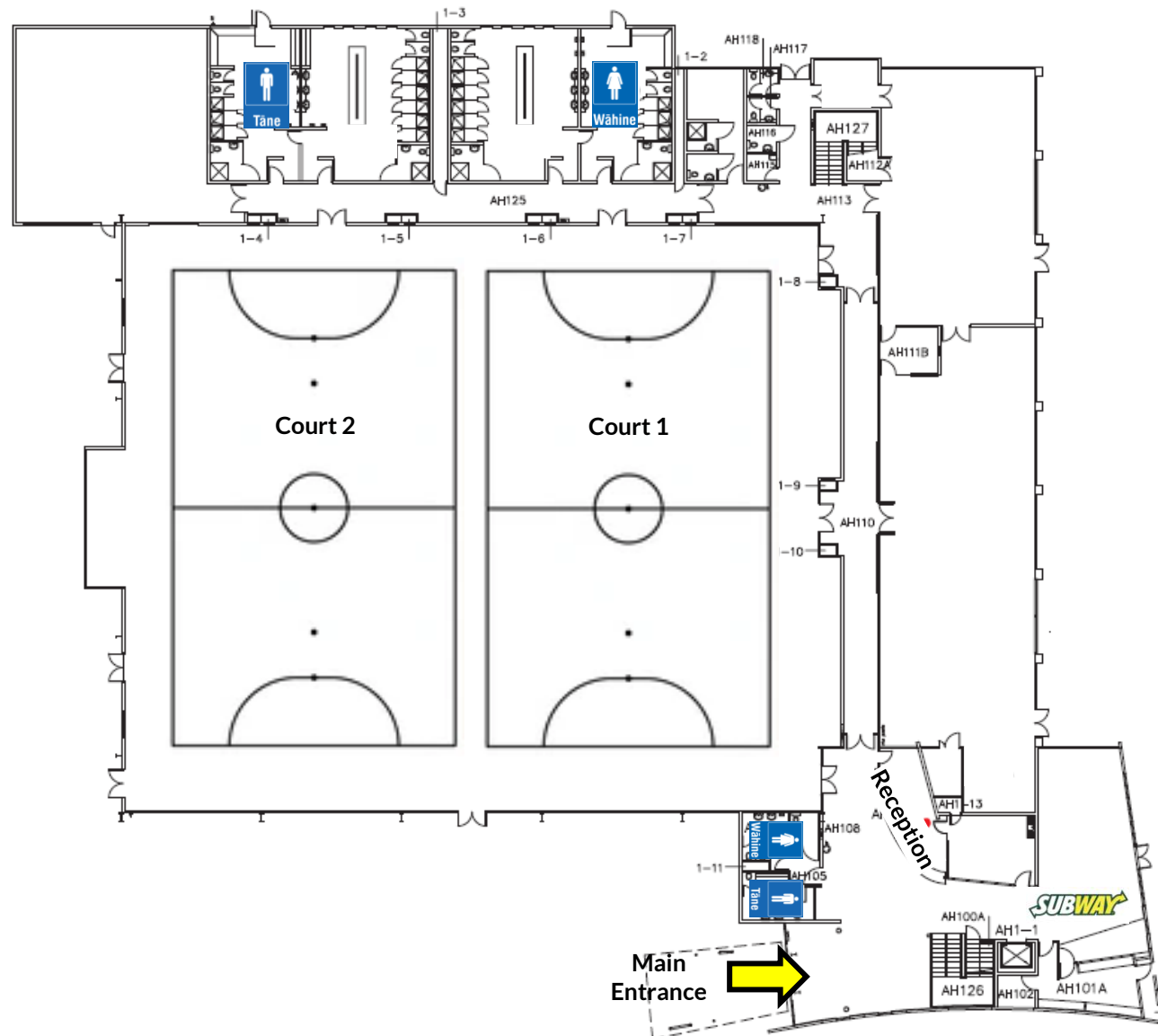
AUT North Campus – Sport & Fitness Centre

One of three campuses that make up Auckland University of Technology across Tāmaki Makaurau. AUT - North Campus is located in Northcote on Auckland's North Shore, which will serve the purpose of hosting the NRF Secondary Schools Futsal Competitions for the northern area of Auckland.

AUT North Campus Gym is an indoor sports stadium with an Olympic standard sprung wooden floor, suitable for a wide range of sports.



Venue Layout



Health & Safety

Health & Safety is the responsibility of everyone who is in attendance – Venue Coordinator, players, coaches and spectators. This is to ensure everyone who attends is safe and injury free when departing the venue.

Please report any risks and/or hazards you might identify to the Venue Coordinator or venue staff. This may include but not limited to;

- Trip / slip hazards
- Falling objects
- Hazardous substances (i.e. chemicals)
- Fire & Electrical hazards

If you cannot contact Venue Coordinator or venue staff, please remove or reduce risk if safe to do so.



Health & Safety cont.

Nearby Medical Centers

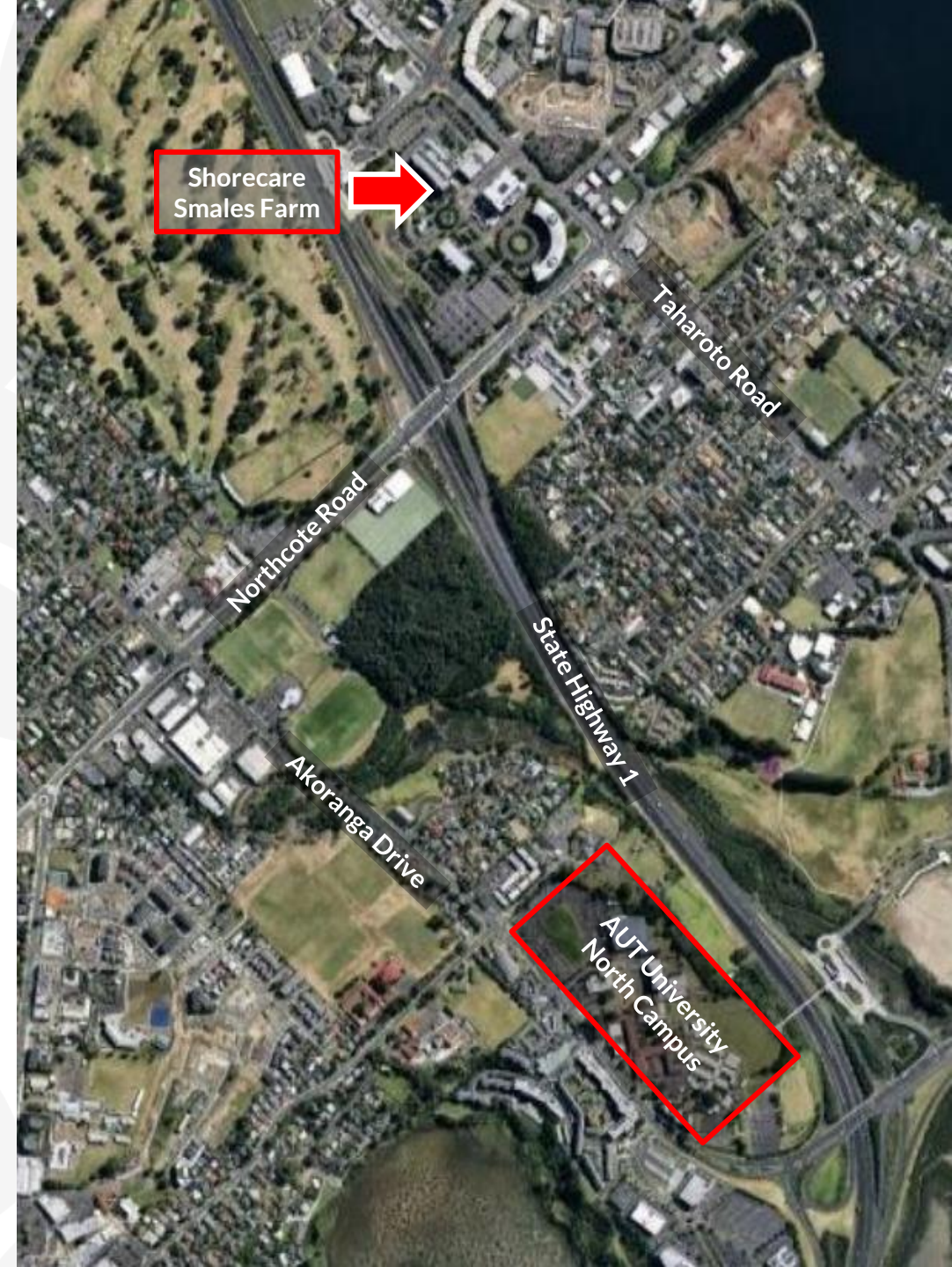
Shorecare Urgent Care – Smales Farm

Smales Farm - 74 Taharoto Road, Takapuna

- Head northwest out of the AUT North Campus carpark on Akoranga Drive towards Northcote Road.
- Drive 700m towards Northcote Road
- Turn Right onto Northcote Road and drive over State Highway 1 towards Taharoto Road.
- Turn left into Smales Farm (directly across the road from Takapuna Normal Intermediate School) and drive towards the roundabout.
- Take the second exit (straight) and drive 90m to the next roundabout and from here you can find a park to access the Medical centre on the north side of the roundabout.

North Shore Hospital

124 Shakespeare Road, Takapuna



Emergency Evacuation Plan

Procedures

AUT Sport & Fitness Centre should have a staff member on-site for all our bookings. Therefore, most (if not all) the procedures should be directed toward them to lead.

However, please assist them to carry these out to ensure the safety of all who have come on-site for our competitions.

Calling for Help

If there is a life-threatening emergency, do not hesitate to call 111. If you are unsure whether it is appropriate to call 111, it is better safe than sorry to do so.

Fire Evacuation

- If there is a fire alarm, immediately exit the building via the nearest fire exit
- Alert the fire service (dial 111) if there are any people with disabilities waiting in the stairwell. Don't lift anyone down the stairs
- Do not use the lifts
- Do not carry or go back for bags or personal items
- Do not run or push – walk calmly
- Follow fire warden (Venue Staff) instructions
- Go to the designated assembly points
- Do not re-enter the building until given the all clear by the fire service and building warden

Power Cuts

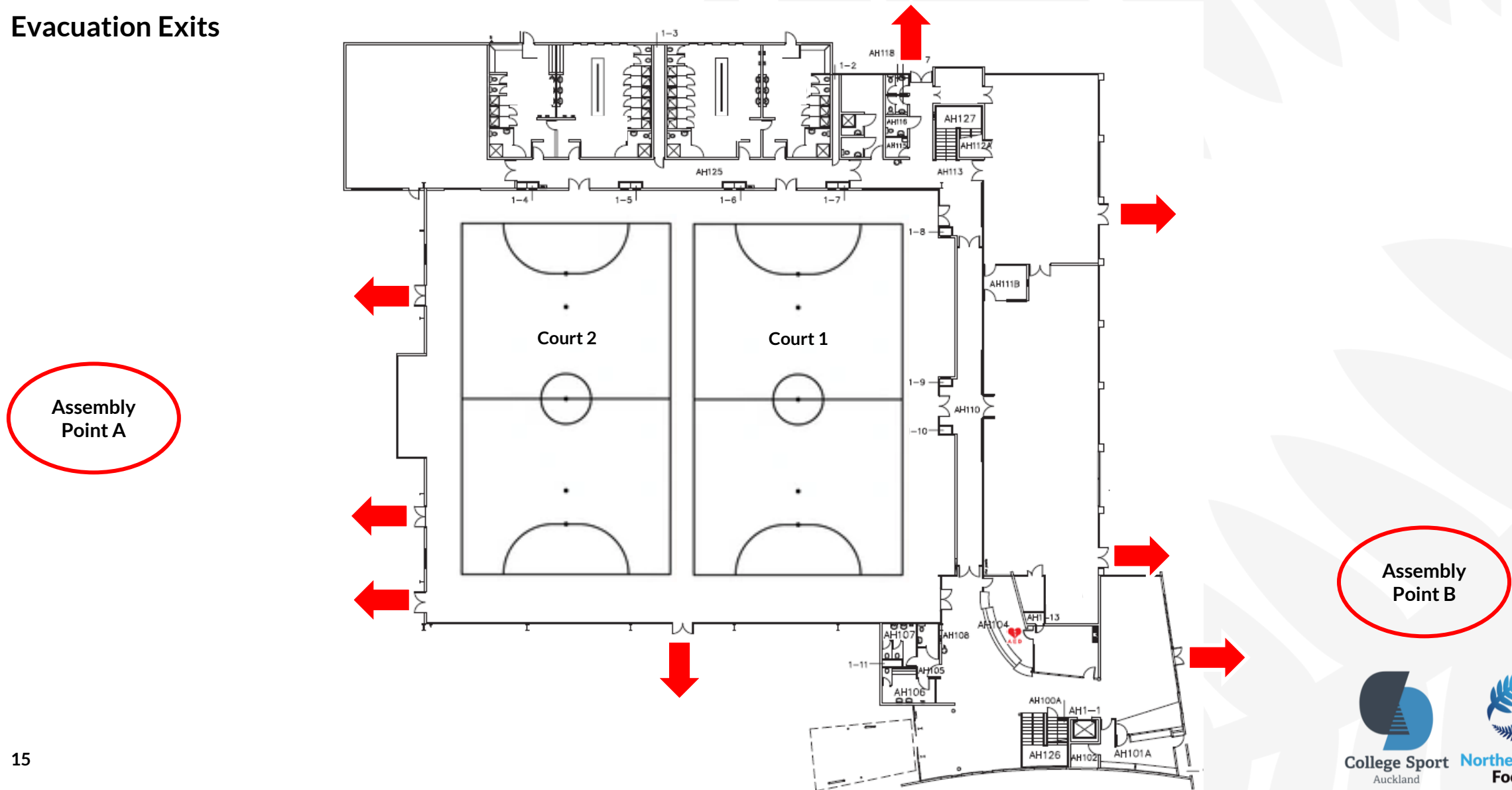
- Follow the instructions of Venue Staff
- Evacuate the building you are in. Take care around stairwells that may be dark or poorly lit after the power cut

Bomb Threat

- Follow the instructions of Venue Staff or Security Team
- Take all personal belongings with you
- Switch off mobile phones until clear of the scene

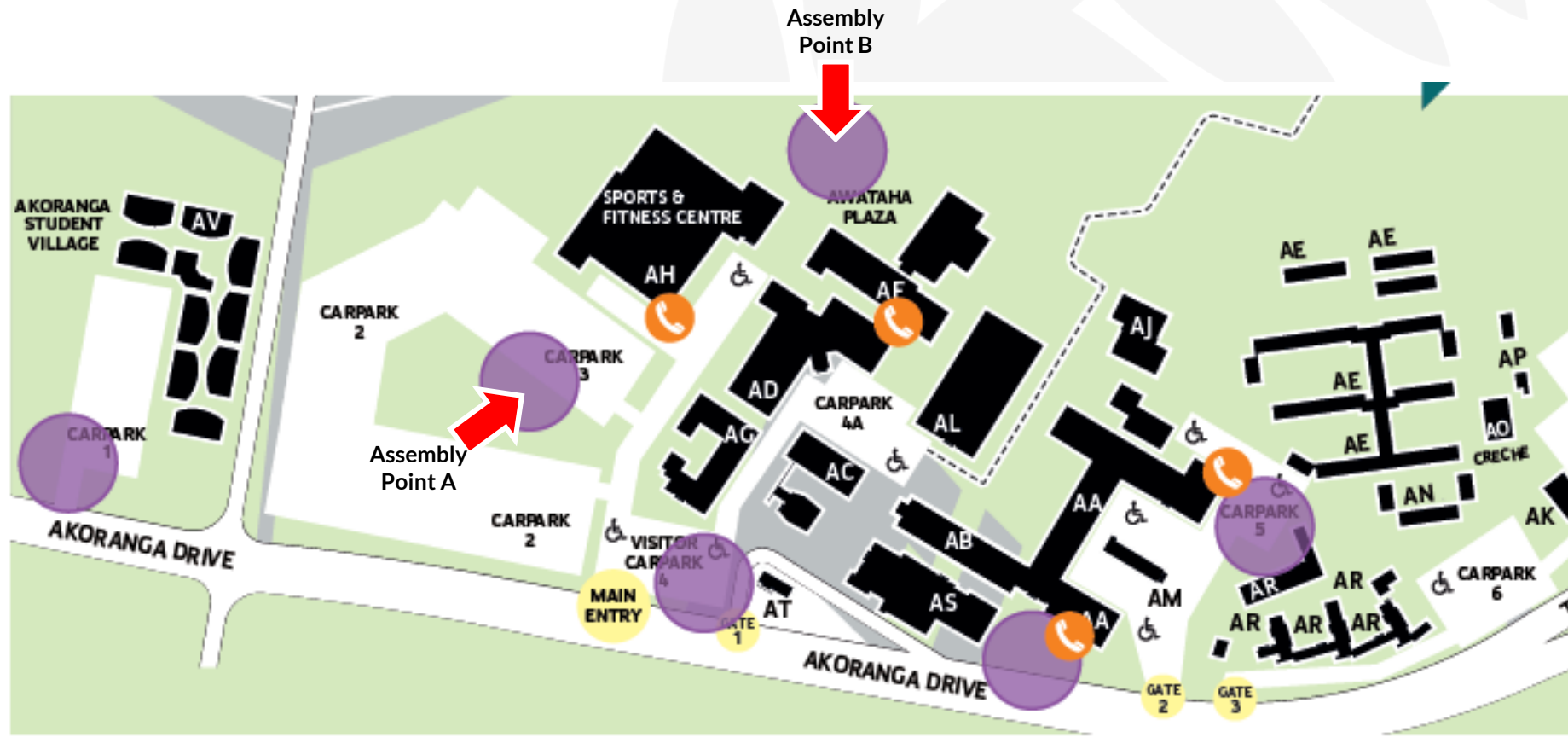
Emergency Evacuation Plan cont.

Evacuation Exits



Emergency Evacuation Plan cont.

Evacuation – Assembly Points





**Northern Region
Football**