

College Sport Junior Volleyball Qualifying Tournament Safety Action Plan

Activity:	Junior Volleyball Qualifying Tournament	Date: 21 Sept 2024	
Class level:	Secondary Schools	Staff: College Sport staff	Others: School Team Managers
No. of players:	TBC	Location: B&T North Harbour	Approved by: CSA
Time of Event:	8.30am	Finishing Time	3.00pm

What could go wrong?	What would cause it?	How could we prevent it from going wrong?	Whose responsibility is it?	Emergency plan
Personal Minor injury/illness: - bruises - cuts - tripping - food allergies - sprain - Dehydration -slipping	<ul style="list-style-type: none"> - Accident while playing - students/players misbehaving - tripping and falling down on courts & stairs - uneven surface potholes in the carpark - Not taking appropriate medical/precautions before travelling/ playing/ eating - Student not drinking enough fluids, drinking too much of a drink that has caffeine in it - spilled drinks on or near courts, leaking from the rain 	<ul style="list-style-type: none"> - Students/players are aware of acceptable behavior - Ensure students/players take medication before game. - Courts kept in a safe condition - potholes are filled in or warning signs are up - Court lighting working and maintained - Ensure students have their own drinks and that they take them regularly. - tell a staff of water, get a towel or mop and mop it up 	Students, Players, Teacher, Parents, Staff	<ul style="list-style-type: none"> - Treat injury where accident happened or move them to a more suitable location if possible. - Apply first aid as needed. School to have own first aid kits. <ul style="list-style-type: none"> -Contact emergency services if needed. - Contact school or parents if necessary. - Prevent accident from happening again, eg wipe wet floor etc and report accidents to staff. - Sit patient down, ask how much they have drunken - Give am electrolyte drink (fruit juice diluted with water, sports drink). - Sip slowly to avoid vomiting - report it immediately and wipe the water

<p>Personal major injury:</p> <ul style="list-style-type: none"> - break - dislocation - head injury - heart attack 	<ul style="list-style-type: none"> - Accident while playing, - students/players misbehaving - falling down stairs - bleachers seating coming off - running to and from the carpark 	<ul style="list-style-type: none"> - Ensure students/players are wearing protective gear ie shoes - Courts kept in a safe condition - Court lighting working and maintained - ensure there is no running on the bleachers seating 	<p>Students, Players, Teacher, Parents, Staff</p>	<ul style="list-style-type: none"> - Check ABC's (Air, Breathing, Circulation) - Break: Keep patient still, ensure blood flow is still going to end of limb. - Dislocation: do not relocate the bone, support, immobilize and give pain relief. - Head injury: If unconscious treat as a neck/spinal injury, place in recovery position. If conscious allow to rest, if drowsy allow them to sleep in recovery position but make sure to check vital signs every 15 mins. - Bleeding: Stop/ Restrict bleeding with firm wrap-around bandaging. - In all above hazards ring '111' and follow the relevant instructions above while waiting for ambulance. - School manager to contact school/parents. - Prevent accident from happening again, eg wipe wet floor etc - Keep other students away from the patient and keep calm yourself. - Assign someone to be a support person and stay with patient - report to Staff and ring 111
<p>Asthma Attack</p>	<ul style="list-style-type: none"> - Student/players didn't take inhaler or other circumstances cause an attack. 	<ul style="list-style-type: none"> - Ensure asthmatics take their inhalers 	<p>Students, Players, Teacher, Parents</p>	<ul style="list-style-type: none"> - Remove student/player from trigger. - Help patient use their inhaler. - Encourage to breathe slowly and deeply. Sit them forward, leaning on something with their elbows (if this is comfortable for them) Give small sips of fluid. - If the student's skin is pale/blue in the lips, hands or feet or if the use of inhaler doesn't help after 10 mins, can't walk, can't speak full sentences then seek medical help. Contact emergency services. - School manager to contact/follow-up with school/parents - Keep other students away from the patient and keep calm yourself. - Assign someone to be a support person and stay with patient.

Natural disaster	<ul style="list-style-type: none"> • Weather • Tsunami • Earthquake • Eruption • Fire 	<ul style="list-style-type: none"> - Not likely to be preventable - no smoking or lighting fires on the premise 	Staff	<ul style="list-style-type: none"> - Earthquake or Fire Emergency: Exit signs are located at all exit doors and instructions to meet will be given in managers meeting. - Civil Defense or Police Emergency: Remain where you are and wait instructions from the Police or other authorized person. - Contact emergency services for advice - Follow emergency services instructions
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