# College Sport Auckland Swimming Zones Championships Entry \& Competition Information 2024 <br> Dates \& Venues 

| Competition | Date | Entries Close | Venue |
| :--- | :--- | :--- | :--- |
| Counties Manukau Zone | Tuesday 30 April | 10 April | Manurewa Aquatic Centre |
| North Harbour Zone | Thursday 2 May | 10 April | Sir Owen G. Glenn National Aquatic <br> Centre |
| Central Eastern Zone | Wednesday 3 April | 12 March | Diocesan School Aquatic Centre, <br> Epsom |
| Central Western Zone | Thursday 28 March | 12 March | West Wave Aquatic Centre |
| Championships | Friday 17 May | Qualifiers only | West Wave Aquatic Centre |

## Central East Zone Schools

ACG Parnell College, Auckland Grammar, Baradene College, Diocesan School, Dilworth School, Epsom Girls Grammar School, Glendowie College, Kings College, McAuley College, Michael Park School, Mt Hobson Middle School, Onehunga High School, One Tree Hill College, Sacred Heart College, Selwyn College, St Cuthbert's College, St Peter's College, Tamaki College, TKKM O Puau Te Moana Nui a Kiwa, Te Aho O Te Kura Pounamu, Waiheke High School.

## Central Western Zone Schools

ACG Sunderland College, Auckland Girls Grammar School, Avondale College, Elim Mt Albert Campus, Green Bay High School, Henderson High School, Hoani Waititi Marae, Kelston Boys High School, Kelston Girls College, Liston College, Lynfield College, Marcellin College, Marist College, Massey High School, Middle School West Auckland, Mt Albert Grammar, Mt Roskill Grammar, Nga Kakano o te Kaihanga Kura, Rutherford College, St Dominic's College, St Mary's College, St Paul's College, Waitakere College, Western Springs College.

## Counties Manukau Zone Schools

ACG Strathallan College, Alfriston College, Al-Madinah School, Aorere College, Auckland Seventh Day Adventist High, Botany Downs Secondary College, De La Salle College, Destiny School, Edgewater College, Eden Christian Academy, Elim Christian College, Howick College, James Cook High, Kia Aroha College, KingsGate School, Macleans College, Mangere College, Manurewa High, Mission Heights Junior College, Onewhero Area School, Ormiston Junior College, Ormiston Senior College, Otahuhu College, Pacific Advance, Pakuranga College, Papakura High, Papatoetoe High, Pukekohe Christian School, Pukekohe High, Pukekohe Christian, Rosehill College, Sancta Maria College, Sir Edmund Hillary Collegiate, Southern Cross Campus, Saint Kentigern College, St Ignatius Of Loyola, Tangaroa College, TKKM o Mangere, Te Kura Maori o Nga Tapuwae, Te Wharekura o Manurewa, Tuakau College, Tyndale Park, Waiuku College, Wesley College, Zayed College

## North Harbour Zone Schools

Albany Junior High School, Albany Senior High School, Birkenhead College, Carmel College, City Impact Church School, Glenfield College, Harbour Montessori College, Hobsonville Point Secondary School, Horizon School, Kaipara College, Kingsway School, Kristin School, Long Bay College, Mahurangi College, Northcote College, Orewa College, Pinehurst School, Rangitoto College, Rosmini College, Summit Point, Takapuna Grammar, TKKM o Te Raki Paewhenua, Vanguard Military School, Wentworth College, Westlake Boys High, Westlake Girls High, Whangaparaoa College.

## Time Frame-Zones

- Warm Up 9.00am-9.20am
- Race Start 9.30am
- Finish 1.00pm (approx.)

Time Frame - Champs

- Warm Up 9.30am-9.50am
- Officials Briefing 9.50am
- Race Start 10.00am
- Finish 2.00pm (approx.)


## Age Groups - Individual events

- Junior U14 as at 1 January 2024
- Intermediate U16 as at 1 January 2024
- Senior U19 as at 1 January 2024


## Age Groups - Relay events

- Junior U16 as at 1 January 2024
- Senior U19 as at 1 January 2024


## Events

- 50 m individual races in freestyle, backstroke, breaststroke, and butterfly, criteria attached
- $4 \times 50 \mathrm{~m}$ relays in freestyle and medley
- $4 \times 25 \mathrm{~m}$ relays in freestyle


## Officials

A condition of a school entering is the provision of officials based on the number of swimmers entered (in addition to the team manager). DO NOT SUBMIT YOUR ENTRIES WITHOUT NAMES OF OFFICIALS. Adults are preferred but some year 12 or year 13 students may be used for time keeping only.

- 5 swimmers or less = one official to be provided
- 6-12 swimmers = two officials to be provided
- 13 plus swimmers = three officials to be provided

40 officials are required:
Timekeepers x 16, Chief Timekeeper x 1, Inspector of Turns x 4, Judge, Referee, Starter, Marshals x 2, Announcer x 1

Schools should enquire with parents and local swim clubs about the availability of qualified swim officials.

## Information \& Rules

1. Four zonal/champs events are offered. All events are short course ( 25 m pools).
2. Each event will be timed finals i.e. each age group stroke may have two or three timed finals. Races will be timed manually.
3. A swimmer is restricted to four individual races in the age group entered prior to the start and two relay events, plus the open relays. Swimmers must keep to their age group for the individual races, but may swim up a grade for relay events, provided that they swim no more than two relay events plus the OPEN events. Schools must name the swimmers entered so that this rule is adhered to. Swimmers must swim in the order they are listed. Any changes to a relay team must be lodged before the start of the zone event.
4. Schools may enter more than one relay team per age group stroke but only one can qualify for the CSA Champion of Champions meet and up to six individuals per age group stroke (knowing that only a maximum of four per grade can qualify for the CSA Champion of Champions). Entries into events or the swapping of events on the day will not be possible.
5. Each swimmer is advised to wear a swim cap.
6. Acceptable swimwear is required - NO double togs.
7. FINA rules apply to each event. A supplementary rule exists for those who wish to start in the water rather than on a starting platform.
8. Students should be aware of the rule for touches and turns for each stroke (refer to rules). For breaststroke and butterfly both hands must touch the wall.
9. All events will operate under the one-start rule. At the end of each race, swimmers will wait until the referee's indication before they exit the pool.
10. The organiser may combine relay events if entries are low.
11. Marshalling: Competitors are to report to the marshal before their race. In relay events one team member should report to the marshal.
12. For zone events, a decision on whether the next race start will be over the top before swimmers exit from the previous race will be made on the day. The over-the-top start will apply for the Champion of Champions meet and the CSA Individual Championships meet.
13. The qualifying process from the zone meets to the CSA Champion of Champions will be the fastest 16 times for each race across all four zones (winning the zone does NOT give automatic qualification). Limit of 4 students per school.
14. The CSA Champion of Champions meet is scheduled for 17 May 2024 at West Wave Aquatic Centre. Warm up begins 9.30am, first race begins 10.00am. tbc

## Schedule of Events

| Event No | Age Group | Distance | Stroke |
| :--- | :--- | :--- | :--- |
| 1 | Junior Girls | 100 m | Freestyle Relay |
| 2 | Junior Boys | Freestyle Relay |  |
| 3 | Senior Girls | Freestyle Relay |  |
| 4 | Senior Boys | 100 m | Freestyle Relay |
| 5 | Junior Girls | Butterfly |  |
| 6 | Junior Boys | 50 metres | Butterfly |
| 7 | Intermediate Girls | 50 metres | Butterfly |
| 8 | Intermediate Boys | 50 metres | Butterfly |
| 9 | Senior Girls | 50 metres | Butterfly |
| 10 | Senior Boys | 50 metres | Butterfly |
| 11 | Junior Girls | 50 metres | Backstroke |
| 12 | Junior Boys | 50 metres | Backstroke |
| 13 | Intermediate Girls | 50 metres | Backstroke |
| 14 | Intermediate Boys | 50 metres | Backstroke |
| 15 | Senior Girls | 50 metres | Backstroke |
| 16 | Senior Boys | 50 metres | Backstroke |
| 17 | Junior Girls | 200 metres | Freestyle Relay |
| 18 | Junior Boys | 200 metres | Freestyle Relay |
| 19 | Senior Girls | 200 metres | Freestyle Relay |
| 20 | Senior Boys | 200 metres | Freestyle Relay |

Medal Presentation Event 1 to 20 - (Champs only)

| 21 | Junior Girls | 50 metres | Breaststroke |
| :--- | :--- | :--- | :--- |
| 22 | Junior Boys | 50 metres | Breaststroke |
| 23 | Intermediate Girls | 50 metres | Breaststroke |
| 24 | Intermediate Boys | 50 metres | Breaststroke |
| 25 | Senior Girls | 50 metres | Breaststroke |
| 26 | Senior Boys | 50 metres | Breaststroke |
| 27 | Junior Girls | 50 metres | Freestyle |
| 28 | Junior Boys | 50 metres | Freestyle |
| 29 | Intermediate Girls | 50 metres | Freestyle |
| 30 | Intermediate Boys | 50 metres | Freestyle |
| 31 | Senior Girls | 50 metres | Freestyle |
| 32 | Senior Boys | 50 metres | Freestyle |
| 33 | Junior Girls | 200 metres | Medley Relay |
| 34 | Junior Boys | 200 metres | Medley Relay |
| 35 | Senior Girls | 200 metres | Medley Relay |
| 36 | Senior Boys | 200 metres | Medley Relay |

