



Auckland Schools Dragon Boat Season 2024

Dear Auckland Schools

The Auckland Dragon Boat Association (ADBA) would love your school to get involved in one of the world's best team-building sports this summer!

Why Choose Dragon Boating?

- No prior experience is required, just confidence in the water and the ability to swim up 50m unassisted
- It's a fantastic participation sport that encourages teamwork
- It's a thrilling experience for students to connect with their peers and enjoy the journey of achieving a common goal.
- We have everything you need - a great venue, top-notch equipment, and all the support you need
- If you don't have a coach or sweep/steerer, we will make every effort to source one from our members.

In a nutshell

We provide a 6-week dragon boat sporting program for up to 25 students per crew. The program includes up to 2x 1-hour training sessions per week at Lake Pupuke, Killarney Park, Takapuna. All this leads up to the College Sport Auckland Regional Championships on Sunday, 24th March 2024 at Lake Pupuke, Killarney Park, Takapuna.



Crew Options and Costs

We want to make our sport accessible to a wider range of schools, allowing for greater participation, so in 2024 we are also offering a small boat format. See below for options.

Standard Boat: Entry cost \$990		
Crew composition	Race Day composition	For mixed crews
A maximum squad of 24 student paddlers . The sweep and a supervising adult from the school are extra.	Minimum of 16 and maximum of 20 paddlers in a race, <u>plus</u> one sweep and one drummer (student).	A <u>mixed crew</u> must have a <u>minimum of 8 female</u> paddlers.
Small Boat: Entry cost \$600		
Crew composition	Race Day composition	For mixed crews
A maximum squad of 13 student paddlers . The sweep and a supervising adult from the school are extra.	Minimum of 10 and maximum of 12 paddlers in a race, <u>plus</u> one sweep and one drummer (student).	A <u>mixed crew</u> must have a <u>minimum of 6 female</u> paddlers.
Note: <ul style="list-style-type: none"> - A squad member cannot paddle or drum for both the standard and small boat. - Sweeps can sweep for both standard and small boats. - Depending on the race draw a pool sweep may be needed for the small boat. 		

NOTE If you do not have a sweep or coach, the Auckland Dragon Boat Association will try to source a sweep from our members.

School's Dragon Boat Program timeline

By when	What you need to do
Friday 7th February 2024.	Confirmation of entry via College Sport <ul style="list-style-type: none"> - Small boat (mixed/female/male crew) - Standard (mixed/female/male crew) If you are keen but have a few questions, want to discuss possibilities, contact schools@adba.co.nz
Monday 12th	Training Starts. Choice of venue

February 2024	- Lake Pupuke
Friday 1st March	Final confirmation by schools of small or standard boat entry
Sunday 24th March 2024	Race Day - all-day event 2024 College Sports Auckland Regional Dragon Boat Championships at Lake Pupuke

Let's make the 2024 Dragon Boat season a memorable one for your school and students.

For more information, please contact
schools@adba.co.nz