



College Sport Auckland Athletics Information for Para athletes 2024

Date & Venue

Tuesday 26 March 2024 at Mount Smart Stadium (TBC)

Entries

Entries must be submitted in [EnterNOW](#) by Friday 15 March 2024. Para athletes may participate in a maximum of four events.

The Para athletics events will be run according to World Para Athletics guidelines. All Para athletes must have a provisional classification. Classification is integral to Para sport as it provides a structure for fair and equitable competition – it groups disabled athletes into sport classes, according to how much their impairment affects their ability to carry out the fundamental activities of the specific sport.

The standards listed below are to be used as a guideline for entering Para athletes. Implement weights (also listed below) are in line with the NZSS Athletics Championships.

All Para athletics events are open entry for the College Sport Auckland Championships, but all Para athletes must:

- have competed in their school athletics sports in the current year (if applicable);
- train regularly for athletics through club or school; and
- have a minimum of a Provisional Classification.

[Click here](#) for information on Classification from Paralympics New Zealand.

Events

- Track: 100m, 200m, 400m
- Field: Shot Put, Discus, Long Jump

Age Groups

- Junior: U15 as at 1 January 2024
- Senior: U21 as at 1 January 2024

Format

- Track: All races will be run as multi-class events with all classifications competing together. Places in each race will be determined by comparing each Para athlete's time to the relevant world record in their classification. The Para athlete with the time closest to their world record as a percentage will place first and so on.
- Field: All Para athletes will compete against the other Para athletes of their gender e.g. Para Girls Shot Put (subject to entry numbers) and places will be determined as above.

Classifications

In para-athletics, the sport class consists of a prefix 'T' or 'F' and a number. 'T' stands for track and 'F' stands for field. It indicates which events the sport class applies to, either track or field. Para-athletes are given a number as part of their provisional classification.

- T11 – T13 and F11 – F13 Visual Impairment (VI)
- T20 and F20 Intellectual Impairment (II)
- T32 – T38 and F31 – F38 Cerebral Palsy and Neurological Impairments
- T40 – T41 and F40 – F41 Short Stature
- T42 – T47 and F42 – F46 Amputees and Other Impairments
- T51 – T54 and F51 – F57 Wheelchair and throwing frame user
- T61 – T64 and F61 – F64 Athletes who compete using prosthetic lower limbs

National/Disability Sports Organisations

A group of respected National and Disability Sports Organizations are working together with College Sport Auckland to improve the inclusion and growth of Athlete with a Disability opportunities at this level across different sports. Feel free to contact any of the people listed below for more information on their organization and how they support athletes with disabilities.

Athletics New Zealand:

- Hamish Meacham (Community Manager)
hamishm@athletics.org.nz

Paralympics New Zealand:

- info@paralympics.org.nz

Special Olympics New Zealand:

- Josie Fitzsimons (Regional Sports Coordinators Director)
rscdirector@specialolympics.org.nz

Halberg Foundation:

- Joseph Dan-Tyrell (Auckland East & Counties Manukau Advisor)
joseph@halberg.co.nz

Disability Sport Auckland:

- Natasha Barber (Sport Development Manager)
natasha@disabilitysportauckland.co.nz

Implement Weights

Classification	Senior Boys	Junior Boys	Senior Girls	Junior Girls
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	Discus	Shot Put	Discus	Shot Put	Discus	Shot Put	Discus	Shot Put
F11-13	1.50kg	5.00kg	1.25kg	5.00kg	1.00kg	3.00kg	1.00kg	3.00kg
F20	1.50kg	5.00kg	1.25kg	5.00kg	1.00kg	3.00kg	1.00kg	3.00kg
F31	NE	NE	NE	NE	NE	NE	NE	NE
F32	750g	1.00kg	750g	1.00kg	750g	1.00kg	750g	1.00kg
F33	750g	2.00kg	750g	2.00kg	750g	2.00kg	750g	2.00kg
F34-36	750g	3.00kg	750g	3.00kg	750g	2.00kg	750g	2.00kg
F37	750g	4.00kg	750g	4.00kg	750g	2.00kg	750g	2.00kg
F38	1.00kg	4.00kg	1.00kg	4.00kg	750g	2.00kg	750g	2.00kg
F40-41	1.00kg	3.00kg	1.00kg	3.00kg	750g	2.00kg	750g	2.00kg
F42-46	1.00kg	5.00kg	1.00kg	5.00kg	1.00kg	3.00kg	1.00kg	3.00kg
F51	750g	NE	750g	NE	750g	NE	750g	NE
F52-53	750g	2.00kg	750g	2.00kg	750g	2.00kg	750g	2.00kg
F54-56	750g	3.00kg	750g	3.00kg	750g	2.00kg	750g	2.00kg
F57	1.00kg	3.00kg	1.00kg	3.00kg	750g	2.00kg	750g	2.00kg
F61-64	1.00kg	5.00kg	1.00kg	5.00kg	1.00kg	3.00kg	1.00kg	3.00kg

Entry Standards

These are recommendations only. There are no standards for Long Jump.

Junior & Senior Boys Track

Impairment Group	Classification	100m	200m	400m
Visual Impairment	T11-13	19.00	42.00	1:30.00
Intellectual Impairment	T20	17.00	40.00	1:20.00
Cerebral Palsy	T35-38	20.00	45.00	1:40.00
Short Stature	T40	21.00	50.00	1:50.00
Amputee & Others	T41-46	20.00	45.00	1:40.00
Wheelchair	T33-34, 51-54	40.00	1:10.00	2:20.00

Junior & Senior Boys Field

Impairment Group	Classification	Shot Put	Discus
Visual Impairment	F11-13	3.5m	10.0m
Intellectual Impairment	F20	4.0m	10.0m
Cerebral Palsy	F35-38	3.5m	10.0m
Short Stature	F40	2.5m	7.5m
Amputee & Others	F41-46	3.5m	10.0m
Wheelchair	F33-34, 52-58	2.5m	7.5m

Junior & Senior Girls Track

Impairment Group	Classification	100m	200m	400m
Visual Impairment	T11-13	23.00	1:00.00	2:00.00
Intellectual Impairment	T20	20.00	45.00	1:40.00
Cerebral Palsy	T35-38	23.00	1:00.00	2:00.00
Short Stature	T40	25.00	1:00.00	2:00.00
Amputee & Others	T41-46	23.00	1:00.00	2:00.00
Wheelchair	T33-34, 51-54	50.00	1:30.00	3:00.00

Junior & Senior Girls Field

Impairment Group	Classification	Shot Put	Discus
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Visual Impairment	F11-13	3.5m	10.0m
Intellectual Impairment	F20	4.0m	10.0m
Cerebral Palsy	F35-38	3.5m	10.0m
Short Stature	F40	2.5m	7.5m
Amputee & Others	F41-46	3.5m	10.0m
Wheelchair	F33-34, 52-58	2.5m	7.5m