



College Sport Eden Park Orienteering Sprints 2023

Eden Park, Wednesday 13th September, 2023

Counties Manukau Orienteering Club in partnership with Eden Park is hosting a special opportunity, a Sprint Event for Auckland Secondary Schools (including Year 7/8 students) at New Zealand's National Stadium, Eden Park. There will be courses designed for all ability levels. Please read the information below carefully and make sure each student is entered in the appropriate grade.

General Information

Event	Auckland Secondary Schools Orienteering Sprints at Eden Park
Date	Wednesday 13 th September 2023
Organising Club	Hosted by Counties Manukau Orienteering Club
Enquiries To	info@cmoc.co.nz
Location	Eden Park, Reimers Avenue, Kingsland, Auckland 1024
Mapper	Greg Bacchus
Course Setter	John Robinson
Course Controller	Anthony McGivern
Map Scale	1:3000
Contour Interval	No contours

Entries

Entries must be received by 2pm, Tuesday 5th September 2023

Start lists will be published on Friday 8th September 2023

Entry fee \$10 per competitor, Schools will be invoiced by College Sport.

Starts

Start times will be allocated from 9:30am onwards. Runners from the same school will be starting in a start block. Please advise info@cmoc.co.nz of any time constraints or time schedule requirements of your school/students. Closer schools with less traffic constraints will be allocated earlier and later start times to minimise 'rush hour' impact.

Auckland Championship – Top School Trophies

This is not a Championship Series Event. There will be no school-level scored competitions.

Timekeeping

Timing will be done using the SportIdent electronic punching system. Students may use their own SportIdent. A SportIdent may be borrowed for the day if the student doesn't own one. Loan idents must be collected from registration by each school on arrival and returned at the finish. If using their own ident, the number must be provided on the entry form.

Course Information

The Eden Park Orienteering Map will be a new map. This will be the first time that it will be used in competition.

The courses have been designed / curated to both test and teach participants' orienteering skills; technical navigation and also physical fitness and (for seniors) endurance. The event has also been designed to be a fun and social opportunity for the orienteering community across Auckland, to allow the building and refreshing of inter-school networks.

Orienteering can be challenging as participants advance through grades, and not much fun when you can't complete a course because it is too hard. There will be coaches in the field (wearing pink hi-visibility vests) to assist and teach where a participant requires assistance.

The standard grade courses provide a good level of technical and physical challenge. We encourage participants to enter the appropriate grade, however lower grades are available for intermediate or senior students who are newer to orienteering.

There will also be a range of fun challenges available to participate in during the day, and compete with their peers. No pre-registration is required for these activities.

Grades	Technical Difficulty[#]	Estimated Winning Time / Average Course Time	Approx. Distance *
Senior Girls	Sprint - difficult	15mins / 30min	3.5 km
Senior Boys/open	Sprint – difficult	15mins / 30min	3.5 km
Intermediate Girls	Sprint – difficult	15mins / 30min	3.0 km
Intermediate Boys/open	Sprint – difficult	15mins / 30min	3.0 km
Junior Girls	Sprint – moderate	15mins / 30min	2.5 km
Junior Boys/open	Sprint – moderate	15mins / 30min	2.5 km
Year 7/8 Girls	Sprint – easy	15mins / 30min	2.0 km
Year 7/8 Boys/open	Sprint – easy	15mins / 30min	2.0 km

* Courses have yet to be finalised, all distances are approximate and may change. The distances quoted are straight line distances. For all but Easy courses the distances travelled by the competitor will be significantly longer. Final distances will be posted prior to the event and released in a final Event Bulletin.

See Appendix 1 for a description of the technical difficulty levels, and Appendix 2 for guidelines on appropriate choice of course.

Terrain

The terrain is urban multi-level stadium infrastructure. The map development and representation is possibly the most complex project in NZ, and symbols that are not in common use have been deployed. The multi-layer/level, overlapping and intersecting sloped banks of seating have also been represented in an uncommon presentation to orienteers. Opportunities to read about and learn how to interpret these symbols and map presentation will be provided through a range of channels during the lead-up to the event, in order to facilitate map interpretation on the day and create an environment of equitable competition.

There are a significant amount of staircases, as well as sloped stairs amongst the stadium's seating banks. Appropriate care and speed reduction should be employed, particularly on outside / weather exposed stairs if wet. Control, precision and safety will ensure the fastest overall time (without accident) over the course, from the Start to the Finish.

The route down and up the internal staircase between Coaches Box and Players' Changing Rooms will be untimed (taped, and clearly signposted) to allow participants to take their time, without impact to their result.

Security Guards will be stationed at various points about the Stadium to provide security and safety services for the participants and facilities. All directions from Security Guards are to be followed.

Volunteers will also be stationed and/or moving about the facility to provide safety guidance and services, all directions are to be followed by participants, supporters and spectators.

Clothing and equipment

Urban running shoes with good grip are strongly recommended. Normal running/athletic wear (such as college or club uniform) will be sufficient.

Safety / safety bearing

Due to the open nature of the facility, it would be difficult to get lost. However if a participant is uncomfortable and wishes to exit their course, they should take the shortest route to return to the event centre.

Medical staff will be onsite in case of accidents. Nearby Medical Centres are located on Dominion Road, Mt Eden and St Lukes Rd, St Lukes.

Start

The Event Centre and Start will be located near to Eden Park's "Gate E". All competitors need to report to the start at least 6 minutes before their start time. Participants' start time will be by the start box.

Appendix 1: Technical Difficulty Descriptions

Grades and consequent course difficulty are aligned with the Orienteering New Zealand (ONZ) policy document section “Appendix 1b: Course difficulty levels for sprint events”