



# Cycling

## Handbook 2023



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# Cycling Results 2022

## Team Time Trial Series

<b>Championship Series - Overall</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
Junior Girls	Baradene College Junior A	Saint Kentigern Junior A	Baradene College Junior B
Junior Boys	Westlake Boys High School Junior A	Auckland Grammar Junior A	Saint Kentigern Junior A
Senior Boys	Auckland Grammar Senior A	Auckland Grammar Senior B	Westlake Boys HS Senior A
Senior Girls	Epsom Girls Grammar Senior A	Saint Kentigern Senior A	Baradene College Senior A
Fastest Time Senior Girls (Season) Partridge Cup	Saint Kentigern College Senior A 24:06.94	-	-
Fastest Time Senior Boys (Season) James Faulding Memorial Trophy	Auck Grammar Senior Boys A 21:28.77	-	-
Most Improved Junior Girls	Baradene College Junior G	Diocesan School B	Saint Kentigern College A
Most Improved Junior Boys	King's College Junior A	Westlake Boys Junior D	Auckland Grammar Junior C
Most Improved Senior Girls	King's College Senior A	Saint Kentigern College Senior A	Baradene College Senior A
Most Improved Senior Boys	Saint Kentigern College Senior B	St Peters College Seniors	Takapuna Grammar School Senior B

# Cycling Results 2022

## Points Race

Points Race	Gold	Silver	Bronze
Girls U13	Sophie ARCHER Saint Kentigern College	Stella VALERIO Baradene College	Alice WELLINGTON Diocesan School for Girls
Boys U13	Daniel SHELDON St Peter's College (Akld)	Leo ZHOU Saint Kentigern College	Dylan DAVIES Saint Kentigern College
Girls U14	Madeline BELL Baradene College	Ava VAN RU Saint Kentigern College	Mia COLLINS Baradene College
Boys U14	James SYME Selwyn College	Jackson PINIQUE St Peter's College (Akld)	George POLLARD Auckland Grammar School
Girls U15	Dorothy ANDERSON Saint Kentigern College	Mia PEPPER Baradene College	Nina WORRALL Epsom Girls Grammar
Boys U15	Harry SHANNON Westlake Boys High School	Arthur BIRD Westlake Boys High School	Jisung(David) KWON Auckland Grammar School
Girls U16	Sienna LUSHKOTT Baradene College	Freya HOLLAND Baradene College	Kiera EVANS Baradene College
Boys U16	Liam LLOYD Westlake Boys High School	Hunter DALTON Saint Kentigern College	Caleb WAGENER Auckland Grammar School
Girls U17	Ava MADDISON Epsom Girls Grammar	Elena WORRALL Epsom Girls Grammar School	Madeline BALLARD Saint Kentigern College
Boys U17	Lucas BHIMY Auckland Grammar School	Nate BONESS Auckland Grammar School	Zane WYLLIE Auckland Grammar School
Girls U19	Ruby SPRING Saint Kentigern College	Tegan FERINGA Epsom Girls Grammar	Belle JUDD Epsom Girls Grammar
Boys U19	Austin NORWELL Auckland Grammar School	Edward PAWSON Auckland Grammar School	Joel DOUGLAS Sacred Heart College



# Race Day Contacts

<b>Points Race</b>		
Race Director - CSA	Collette Amai	027 493 5073
Race Manager	Logan Townsend (ASC) Brendan Patterson	022 097 9599 021 335 029
Event Medic	Chris Griggs Becks Corcoran	021 460 991 027 410 0008

<b>Team Time Trial (TTT)</b>		
Race Director - CSA	Collette Amai	027 493 5073
Race Manager	Logan Townsend (ASC)	022 0979599
Event Medic	Chris Griggs Becks Corcoran	021 460 991 027 410 0008

# Cycling Points Race

Sunday 25<sup>th</sup> June 2023 – Hampton Downs, Waikato

## All Races

- A race briefing is held for each grade in the pit lane.
- Riders are led out by the follow car. Only once the car leaves does the race begin.
- **All races are run to a time plus 2 laps (see table below)**
- Grades U13, U14, U15, U16, U17, U20 girls and boys (as at 31 Dec 2023)
- Ages are taken on 31 December 2023. e.g., A competitor who is 15 on 31 Dec 2023 races in the Under 16 grade.

### NATIONAL CIRCUIT (2.7km) - U16, U17, U20:

- Races will be concurrent with both male and female competitors in the same grade racing on the track at the same time. The girls' peloton will start first followed by the boys peloton just before the girls complete their first lap.

### CLUB CIRCUIT (1.2km) - U13, U14, U15

- Races will run consecutively with boys followed by girls. The next race begins when the previous race ends



### Moving Between Circuits

- To move between the National Circuit and Club Circuit use the outside of the track - riders should not use any part of the National Circuit to get to the Club circuit or vice versa.
- You can cross the National Circuit using the bridge on the main straight to get to the access road between circuits.

### Points

- During the race, every second lap is a sprint lap. Points are awarded for 1st, 2nd, 3rd & 4th placing on each sprint lap. Points are 5,3,2,1. On the final lap points are awarded to the first 4 finishers.
- There are NO double points on the last lap.
- The competitor with the highest sum of points wins the race. The intent is to reward riders who work hard for intermediate sprints, rather than those who save everything for the final lap. It also encourages some to try to break away from the bunch.
- Riders will NOT be removed from the track if they drop from the main bunch, however lapped riders will not be able to start a lap once the race has finished (ie the winner has crossed the finish line). This is to keep racing to time.

### Race Start

- The Racetrack will open for practice from 8:00am to 8:30am
- The first races will start at 9am.
- THE TIMES IN THE SCHEDULE ARE INDICATIONS. If races finish early the next races may start early. YOU NEED TO KEEP AWARE OF WHAT GRADES ARE RACING TO TIME YOUR WARM-UP AND RACE START.

### Registration

- The TIC in charge must collect their school's race pack from the registration desk which will be open from 7.30am. They will need to make sure the students are given the correct transponder – numbers will be assigned to each student.

### Marshal Briefing

- There will be a Marshall briefing at 8:00am for all managers and marshals.
- Please make sure all Marshal's (Except spotters) check in with College Sport staff and collect clipboard and high vis vest at the meeting.
- Marshals in place by 8:50am

### Rules

- The race will be run under Cycling New Zealand Schools rules, or where there is no ruling detailed Cycling New Zealand Road and Track Rules apply.
- Points are awarded for sprint laps and for the final lap.
- Always wear a helmet when on your bike at the venue (including adults).

### Racing

- Know your race distance.
- Know your sprint laps (whistle for sprint laps).
- Bell for last lap.
- Respect other riders.
- Remain civil when racing.
- Prizes Medals will be awarded at the Team Time Trial (TTT) finals day – 20 August 2023
- Uniforms All riders should be wearing their school riding kit
- Drafting: Do not draft off any other bunch that is not in your race

- Safety first: Be observant, be considerate of all those around you. Helmet's are firm around the head and one finger gap under the chin strap
- **Numbers: One on each flank (side) so it reads horizontal in the racing position**

#### Team Management

- All schools must have a teacher or adult with them. This person is to be aware of any medical problems of riders, implement the rules of the race, and supervise the riders.
- Riders without supervision may be withdrawn from the race.

#### Garages

- Garages are allocated, please make sure you cook outside the garage.
- All teams must remove all rubbish before leaving the site.

#### Mechanicals and punctures

- Due to the size of the lap, we cannot allow a lap out. If you have a mechanical issue, you are most welcome to re-join the race a lap later, but your actual placing will be the number of laps you have ridden
- If you are lapped – stay to the outside of the track as the faster line tends to be the inside line

#### Transponders

- No transponder, no racing, no reading = no race result. The transponder needs to be attached to your bike seat. Transition
- The lead out car will take you slowly down the pit lane and out onto the track. The car will continue the track until the driver sees you all in order. When the car accelerates away, only then does your race begin

#### End of the Race

- At the end of the race marshals will guide you off the track just after the end of the pit line (on the right-hand side of the track). **DO NOT RIDE BEYOND THIS POINT AND START ANOTHER LAP – YOU MAY BE DISQUALIFIED**





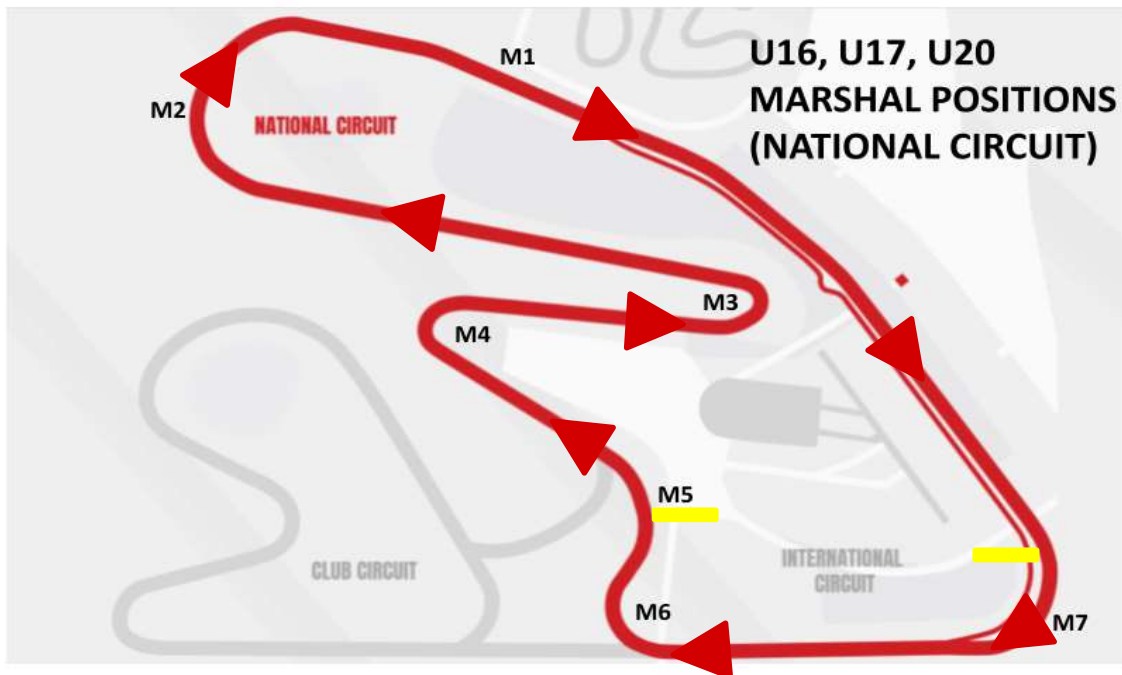
- 1** Track Office & Race Control
- 2** East Wing Corporate Suites
- 3** West Wing Corporate Suites
- 4** Pavillion
- 5** Gull Skid Pan
- 6** Undertrack Tunnel
- 7** Industrial Park
- 8** Go Kart Track
- 9** Star Insure Competitor Parking
- 10** Star Insure Motorhome Parking
- 1A** Pedestrian Infield Entrance
- 1** Venue Entrance
- 2** Exit Only
- 3** Gate 3 Entrance
- Toilets
- Helipad
- Medical
- National Circuit
- International Circuit
- GT Radial Club Circuit
- Gull Skid Pan

# Race Schedule

<b>NATIONAL CIRCUIT - U16, U17, U20</b>			
	<b>START TIME</b>	<b>RACE DURATION</b>	
<b>U16</b>			
Girls	09:00:00	0:40:00	plus 2 laps
Boys	less than 1 lap		plus 2 laps
<b>U17</b>			
Girls	10:05:00	0:45:00	plus 2 laps
Boys	less than 1 lap		plus 2 laps
<b>U20</b>			
Girls	11:15:00	0:50:00	plus 2 laps
Boys	less than 1 lap		plus 2 laps
<b>ESTIMATED FINISH</b>	<b>12:30:00</b>		
<b>CLUB CIRCUIT - U13, U14, U15</b>			
	<b>START TIME</b>	<b>RACE DURATION</b>	
<b>U13</b>			
Boys	09:00:00	0:25:00	plus 2 laps
Girls	09:35:00	0:25:00	plus 2 laps
<b>U14</b>			
Boys	10:10:00	0:25:00	plus 2 laps
Girls	10:45:00	0:25:00	plus 2 laps
<b>U15</b>			
Boys	11:20:00	0:35:00	plus 2 laps
Girls	12:05:00	0:35:00	plus 2 laps
<b>ESTIMATED FINISH</b>	<b>12:50:00</b>		

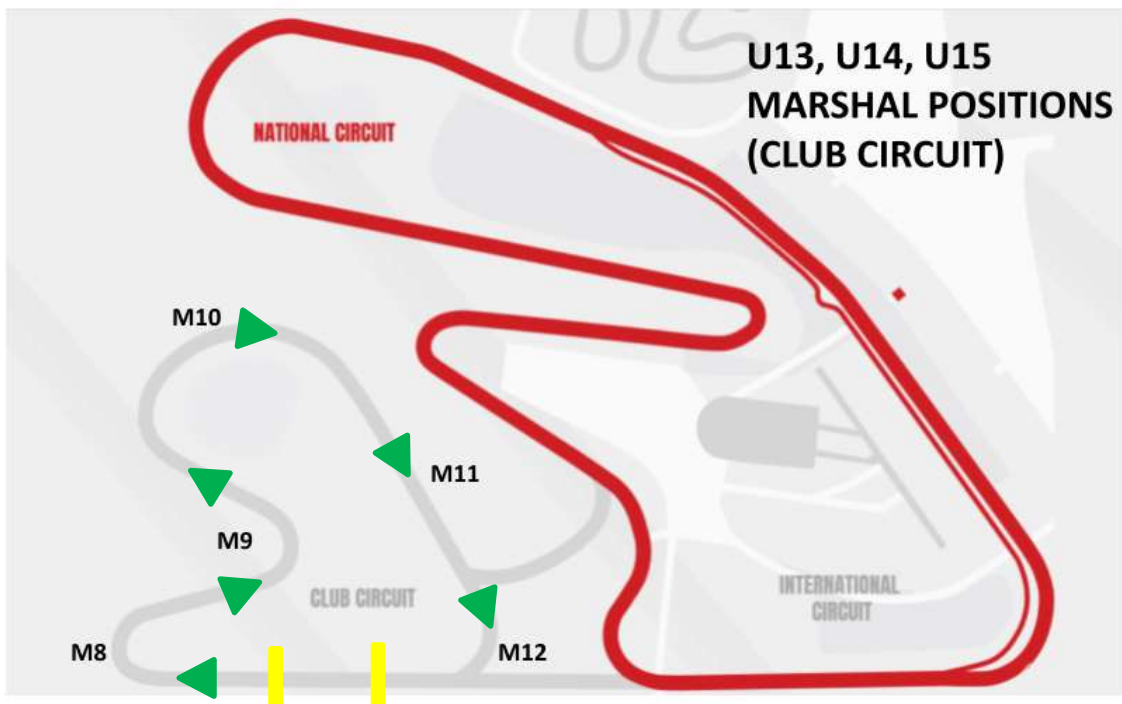
# Points Race Map

## NATIONAL CIRCUIT MARSHAL POSITIONS



\*Yellow points indicate Start Line in Pits, and Finish Line at Marshall 5

## CLUB CIRCUIT MARSHAL POSITIONS



## Points Race Marshall Allocations

Job Allocation	Description	School	Number
College Sport		Collette Amai	
Race Director		Logan Townsend	
PCP	Brendan Patterson	CNZ Commissaire	
First Aid		Chris Grigg	
Flag Setout		Selwyn/Sacred Heart	2
Flag Pack down		Westlake Boys	2
Parking		Takapuna	2

### NATIONAL CIRCUIT

Job Allocation	Description	School	Number
Lead Car		Brendan	
Chief Judge		CNZ Commissaire	1
Finish line spotters		Auck Grammar/Baradene	2/2
Rider Muster/Safety Check		Epsom Girls	2
Marshal Position 1	Front Straight. Bring in flag at end	Selwyn/Sacred Heart	1
Marshal Position 2	Turn to Bosch Sweeper. Bring in flag at end	St Cuthberts	1
Marshal Position 3	Porsche Dipper. Bring in flag at end	Westlake Boys	1
Marshal Position 4	Golden Homes Hairpin. Bring in flag at end	Macleans	1
Marshal Position 5	National Up and Over (exiting Gate). Bring in flag at end	Auck Grammar/Baradene	2
Marshal Position 6	National Giltrap Corner. Bring in flag at end	St Peters	1
Marshal Position 7	Hydraulink Corner. Bring in flag at end	Avondale/Glendowie/ACG Parnell	1

### CLUB CIRCUIT

Job Allocation	Description	School	Number
Lead Car		Cam	
Chief Judge		CNZ Commissaire	1
Finish line spotters		Saint Kentigern/Dio	2/2
Rider Muster/Safety Check		Kings	2
Marshal Position 8	Hampton Downs Academy Corner. Bring in flag at end	Takapuna	1
Marshal Position 9	Kev's Corner. Bring in flag at end	Kings	1
Marshal Position 10	Swampy Curves. Bring in flag at end	St Mary's/Westlake Girls/Botany/Mahurangi	1
Marshal Position 11	Mini Front Straight. Bring in flag at end	Saint Kentigern	1
Marshal Position 12	GT Radial Corner. Bring in flag at end	Macleans	1
Removing riders from the track		Saint Kentigern/Dio	1/1

## Points Race Cycling Sheds

Shed #	School
5	Saint Kentigern College
6	Saint Kentigern College
7	Sacred Heart College / Selwyn College / Avondale/ TK Pounamu
8	Sacred Heart College / Selwyn College / Avondale/ TK Pounamu
9	St Peter's College
10	Macleans College / Glendowie / ACG Parnell
11	Kings College
12	Kings College
13	Baradene College
14	Baradene College
15	College Sport Auckland
16	College Sport Auckland
17	Auckland Grammar School
18	Auckland Grammar School
19	Epsom Girls Grammar / Mahurangi / Westlake Girls / St Marys College / St Cuths
20	Epsom Girls Grammar / Mahurangi / Westlake Girls / St Marys College / St Cuths
21	Diocesan School
22	Diocesan School
23	Takapuna Grammar
24	Takapuna Grammar
25	Westlake Boys High School
26	Westlake Boys High School

# Team Time Trial (TTT) Series

## Competition Information 2023

### Grades

- Senior competitions are for teams of 5 riders who are Under 19 years as at 31st December in the year of competition.
- Junior competitions are for teams of 4 riders who are Under 16 years as at 31st December in the year of competition.

### Eligibility

Refer to the College Sport Auckland [By-laws](#).

### Start Lists

After the draft start lists have been sent out race alterations/feedback will be due back by midday the Thursday prior to the race date, see below:

Event	Race date:
Pre-Season Meeting (Zoom)	24 April 6:00pm
Team Time Trial 1	30 April
Team Time Trial 2	14 May
Team Time Trial 3	28 May
Team Time Trial 4	11 June
Team Time Trial 5	30 July
Finals Day	20 Aug

### Championship Series

The purpose of these championships is to find, in ranked order, the ten best teams (Senior Boys & Girls and Junior Boys & Girls) over the entirety of the season's racing and involves allocating points for the race time placing at each event throughout the season.

The accumulated points from best four performances of the five events determine the overall placing. Points will be awarded in the following manner: 1 point for first place, 2 points for second place and so on until the end of that category. All teams are automatically entered upon completion of the correct entry procedure.

Senior competitions are for teams of 5 riders who are under 20 years on 31<sup>st</sup> December in the year of competition. Junior competitions are for teams of 4 riders who are under 16 years on 31<sup>st</sup> December in the year of competition.

### Most Improved Series

The purpose of this competition is to give less competitive teams a chance at competing for well-deserved rewards. It is designed to encourage inexperienced and/or beginning teams. Handicaps are based on the biggest difference in time between your average race time and your fastest time. To must have completed 4 races to be included in the handicap at the end of the season.

### Composite Teams

They will be included into the main competition subject to the make up of the composite team. They cannot be ability teams.

## Team Management

All teams must have a teacher or adult with them at every race. This person must be aware of any medical problems of students in the team, implement the rules of the competition, and supervise the students. Teams without supervision may be scratched.

## Results

Results will be available live on the CSA App on the day and will also be uploaded to the website after each race

## Officials

- Each team from each school must provide an adult to be an official on the day. Teams may nominate more than one person for the officials' duty to be shared amongst them throughout the season.
- Each school must provide a contact person who organizes this duty.

## Transponders

Team Time Trial transponders will be given out on the day of the race and collected by the school's teacher in charge each race.

- All transponders will be issued on the day. These are from the College Sport shed.
- Transponder's will be a disposable sticker attached to the bike seat.



## Responsibilities of Schools

Responsibilities of schools with teams entered in the College Sport Team Time Trial competitions are: -

- To have a team manager present for each team entered.
- To ensure all competitors and supporters are aware of the rules of competition and adhere to them.
- To provide a minimum of one marshal or official for each team entered. These designated officials may be parents but may not also be the team coach/manager.

## Otaua TTT Manual – Course A

The road for this course is always open. At key points traffic is managed but riders must follow the Road Code and marshal or traffic management instructions.

**Otaua TTT Course A Link:** <https://www.mapmyride.com/routes/view/4974794410/>

The warm-up area in the tennis courts will provide hard surface space for schools to set up tents. Due to the limited space schools will be allocated a set amount of space and location to set up. The area will be broken into 3m x 3m allocations suitable for pop-up tents to be set up. Allocations will be based on the number of teams entered the competition so that every school has a share of the space appropriate for their needs.

Registration and Race Headquarters will be in the Hall adjacent to the tennis courts.

Schools may bring BBQs and coffee machines to site but will need to locate them within their allocated space.

The space between the fenced warm-up area and the road is a drop-off space for gear – not for parking.

- Parking is limited
- Please be considerate of locals and park appropriately where you can find space – off the course
- Carpooling, where possible, will help reduce congestion
- No parking along Factory Rd in Otaua – this is the race start area
- Riders need to be careful moving from the warm-up area to the start area
- All teams must race/ride with operating front and rear lights on every bicycle in the team
- After rider cross the finish line, they will continue back into Otaua and have their transponder collected at the corner of Factory Rd and Hoods Landing Rd (as per Marshal Positions 5-7 Map)
- Once transponders have been collected riders continue along Hoods Landing Rd and turn right Maioro Rd to return to the warmup area (tennis courts).
- Cycle lights: Cycling are required to have lights on the road courses

## Otaua TTT Manual – Course B

**Otaua TTT Course B Link:** <https://www.mapmyride.com/routes/view/4876066372/>

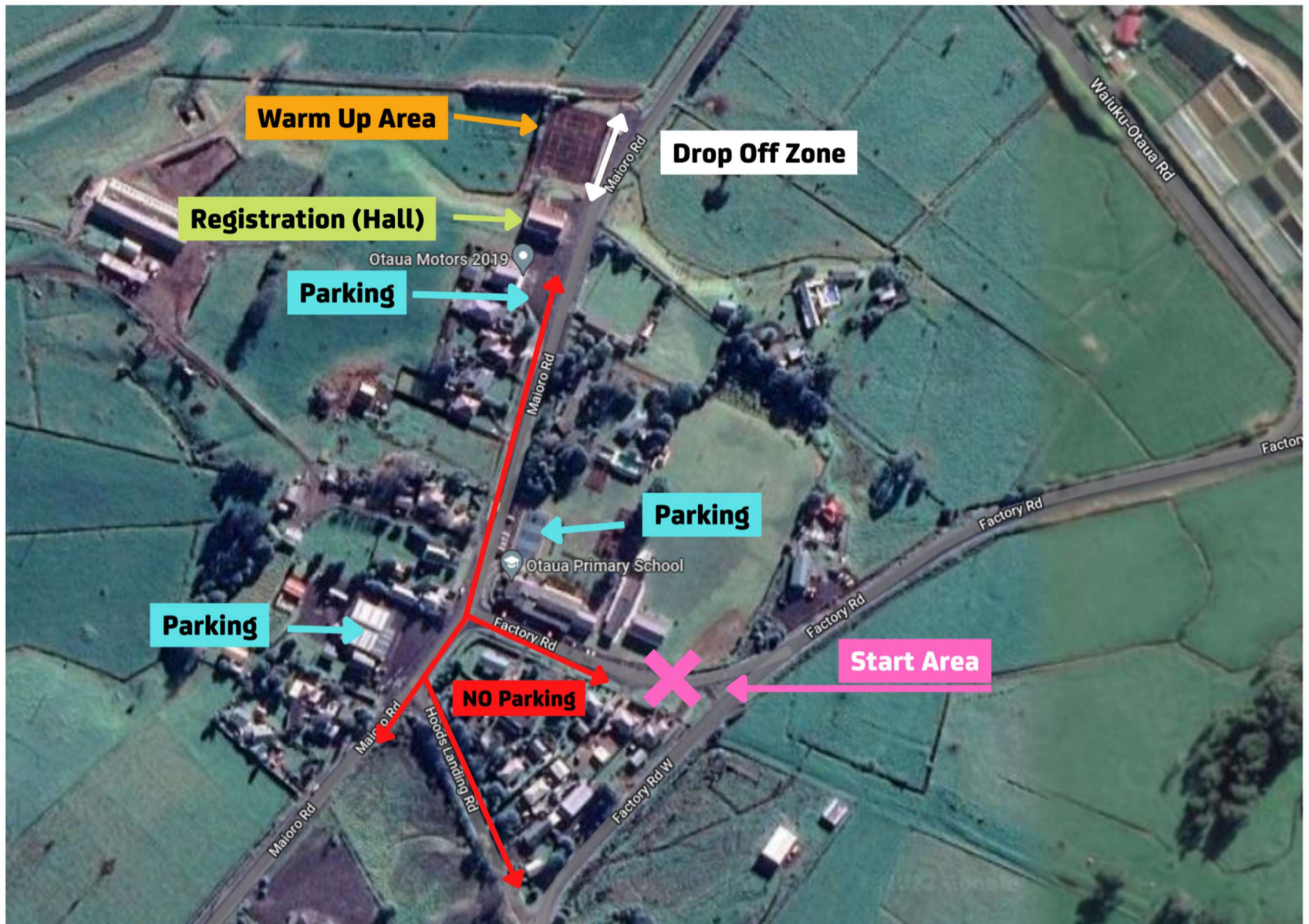
Course B is an exciting TTT course with a number of technical turns and some long straights. With crosswinds usual for the area skillful teamwork with effective communication will play an important role in fast times. After crossing the finish line by Harris Rd (intersection with Otaua Rd) teams have plenty of time to reduce speed before turning right into Hoods Landing Rd and heading back to the warm-up area. Teams need to remember that roads are open and keeping left is important – particularly through the section from Otaua through to marshal position 6 where teams are racing in both directions on Otaua Rd.



### Warm-Up Are School Allocation Map

Each cell represents a 3 x 3m space for a pop-up tent. How you use the space is up to each school.

<b>EGGS</b>	<b>EGGS</b>	<b>EGGS</b>	<b>AGS</b>	<b>AGS</b>	<b>AGS</b>	<b>AGS</b>	<b>AGS</b>	<b>AGS</b>	<b>Bara</b>	<b>Bara</b>	<b>Bara</b>
<b>EGGS</b>											<b>Bara</b>
<b>EGGS</b>		<b>DIO</b>	<b>DIO</b>	<b>DIO</b>	<b>DIO</b>	<b>Kings College</b>	<b>Kings College</b>	<b>Kings College</b>	<b>Kings College</b>		<b>Bara</b>
<b>EGGS</b>											<b>Bara</b>
<b>St Kents</b>		<b>Sacred Heart</b>	<b>Sacred Heart</b>	<b>St Cuths College</b>	<b>Selwyn College</b>	<b>GLDW</b>	<b>GLDW</b>	<b>Macleans</b>	<b>Macleans</b>		<b>St Peters</b>
<b>St Kents</b>											<b>St Peters</b>
<b>St Kents</b>		<b>Westlake</b>	<b>Westlake</b>	<b>Westlake</b>	<b>Westlake</b>	<b>Westlake</b>	<b>Westlake</b>				<b>St Peters</b>
<b>St Kents</b>											<b>ACG Parnell</b>
<b>St Kents</b>	<b>St Kents</b>	<b>St Kents</b>	<b>St Kents</b>	<b>St Kents</b>	<b>Taka</b>	<b>Taka</b>	<b>Taka</b>	<b>Taka</b>		<b>EXIT</b>	



## Otaua Course A Marshall Allocations and Responsibilities

### School/Marshals' duties are:

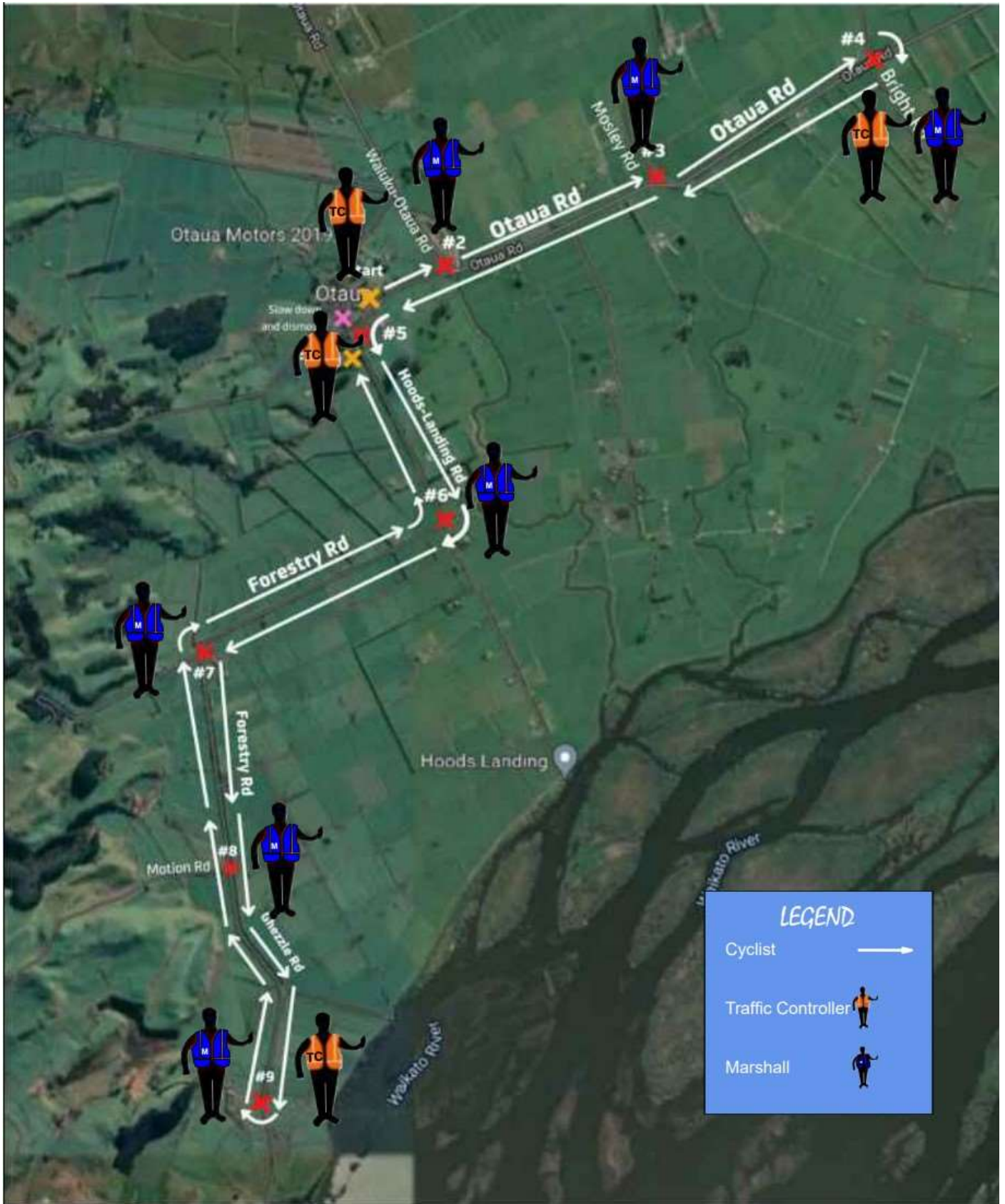
- School to collect all marshal folders & vests along with transponders from Hall before/by 9:30am
- Marshals to collect folders & vests from Hall
- **Marshals/Officials/Managers Meeting at 9.30am in the Hall**
- Once in location, check track surface. Report any concerns to Race Manager on walkie talkie (RT)
- Remain in location until the Race Manager gives the all-clear for the race to end.

### Gear Check Officials, Start Officials & Timekeeper Officials

- **Report to area at 9.30am to be allocated tasks. Please be in position on the course by 9.45am.**

Job Allocation	Description	School	Number
Mustering/Bike Check	Recording teams as they present to the starting area. Checking brakes, headset, closed QRs and lights. Safety briefing.	Westlake Boys	3
Starter	Ensure riders in correct order and get off on time. Bring Marquee & table	Kings College	3
#2 Corner of Waiuku-Otaua Rd and Otaua Rd	Check riders' safety & any dropped riders. Bring in flag at the end	Macleans College	1
#3 Corner of Otaua Rd and Mosley Rd	Check riders' safety & any dropped riders. Bring in flag at end	Takapuna College	1
#4 Corner of Otaua Rd and Bright Rd	Check riders' safety & any dropped riders. Turn around section. Bring in flag at end	Saint Kentigern	1
#5 Corner of Otaua Rd and Hoods-Landing Rd	Check riders' safety & any dropped riders. Bring in flag at the end	Baradene College	1
#6 Corner of Hoods Landing Rd and Forestry Rd	Check riders' safety & any dropped riders. Bring in flag at the end	Selwyn College /Glendowie/Sacred Heart	1
#7 Corner of Forestry Rd	Check riders' safety & any dropped riders. Bring in flag at end	Saint Kentigern	2
#8 Corner of Forestry Rd and Motion Rd	Check riders' safety & any dropped riders. Bring in flag at end	ACG Parnell College	1
#9 Corner of Forestry Rd and Ghezzle Rd	Check riders' safety & any dropped riders. Turn around section Bring in flag at the end	Selwyn College /Glendowie/Sacred Heart	1
#10 After finish approaching Otaua village	Keep riders moving up Hoods Landing Rd	Diocesan	1
#11 After finish	Slowing down cyclists & making sure riders come straight up Hoods Landing Rd	Epsom Girls	2
Car Parking (no folder to be collected)	Marshalling cars in the drop off zone	Takapuna Grammar	2
Course Set Up	Putting out flags on course	Auckland Grammar	4
Course Pack up	Packing up flags into flag bags and returning to shed	St Peters	3
Race Director (RT) and Administration	Collette Amai: 027 4935 073 College Sport		
Race Manager (RT)	Logan Townsend: 022 097 9599 Brendan Patterson: 021 335 029		
Event Medics	Chris: 021 460 991		

# Aka Aka – Otatau Course A



## Otaua TTT Manual – Course B

### School/Marshals' duties are:

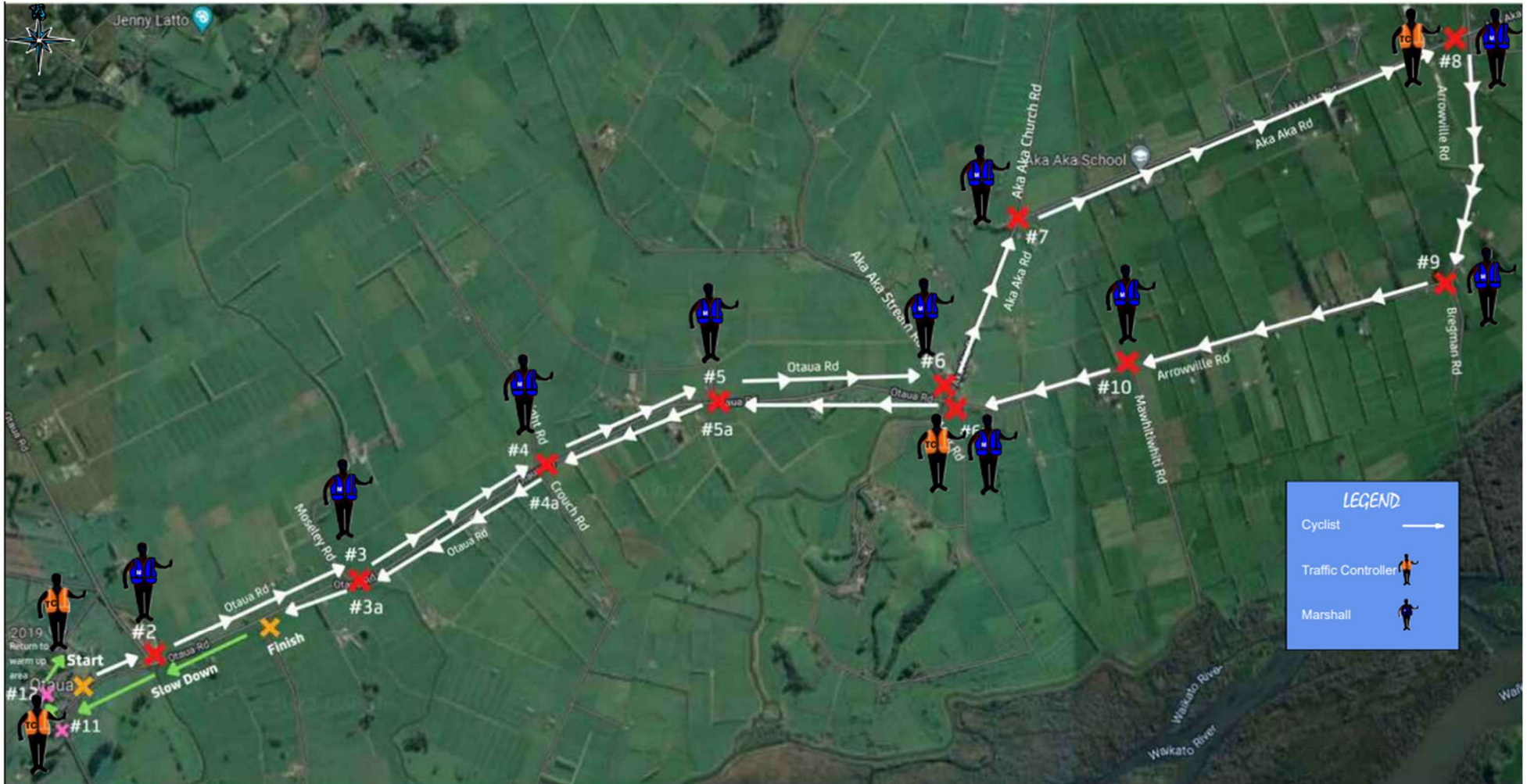
- School to collect all marshal folders & vests along with transponders from Hall before/by 9:30am
- **Marshals/Officials/Managers Briefing is in the Hall at 9:00am**
- Once in location, check track surface. Report any concerns to Race Manager on walkie talkie (RT)
- Remain in location until the Race Manager gives the all-clear for the race to end.

### Gear Check Officials, Start Officials & Timekeeper Officials

- **Please be in position on the course by 9.30am.**

Job Allocation & Location	Description	School	Number
Mustering	Recording teams as they present to the starting area. Checking brakes, headset, closed QRs and lights. Safety briefing.	Westlake Boys	3
Starter #1	Ensure riders in correct order and get off on time. Please bring in flag and stake	Kings College	3
#2 Corner of Waiuku-Otaua Rd and Otaua Rd	Check riders' safety & any dropped riders. Bring in flag at the end and stake	Macleans	1
#3 and #3a Corner of Otaua Rd and Mosley Rd	Check riders' safety & any dropped riders. Bring in flag at end and stake	Diocesan	1
#4 and #4a Corner of Otaua Rd and Bright Rd	Check riders' safety & any dropped riders. Bring in flag at end and stake	St Cuthbert's	1
#5 and #5a Approximately 122 Otaua Rd	Check riders' safety & any dropped riders. Bring in flag at end and stake	Selwyn College	1
#6 and #6a Corner of Otaua Rd and Aka Aka Rd	Check riders' safety & any dropped riders. East bound riders will turn North onto Aka Aka Rd. West bound riders will be coming from Arrowville Rd and go straight to Otaua Rd. Bring in flag and stake	EGGS	2
#7 Corner of Aka Aka Rd and Aka Aka Church Rd	Check riders' safety & any dropped riders. Staying on Aka Aka Rd. Bring in flag at end at stake	Saint Kentigern	1
#8 Corner of Aka Aka Rd and Arrowville Rd	Check riders' safety & any dropped riders. RIGHT TURN into Arrowville Rd. Bring in flag at end and stake	Baradene	1
#9 Corner of Arrowville Rd and Bregman Rd	Check riders' safety & any dropped riders. Directing riders of the RIGHT TURN to stay on Arrowville Rd. Bring in flag at end at stake	Auckland Grammar	2
#10 On Arrowville Rd at the approach to the bridge on the back straight (chicane) by Mawhitiwhiti Rd	Cautioning riders about the upcoming chicane on Arrowville Rd. TECHNICAL TURN Bring in flag at end at stake	ACG Parnell College	1
#11 Corner of Factory Rd and Factory Rd West	Guide cycling back through same road as starting to slow down and keep moving to the next Marshall. Bring in flag and stake at end	Saint Kentigern	2
#12 Corner of Factory Rd and Maioro Rd	Turning cyclists RIGHT onto Maioro Rd to return to the warm-up area. Bring in flag at end at stake	AGS	1
Car Parking (no folder to be collected)	Marshalling cars in the drop off zone, and the carpark at the Otaua school	Takapuna Grammar	2
Course Set Up	Putting out flags on course	AGS	2
Course Pack up	Packing up flags and returning to shed	St Peters	2
Race Director (RT)/Admin	Collette Amai: 027 4935 073, College Sport		
Race Manager (RT)	Logan Townsend: 022 097 9599 Brendan Patterson: 021 335 029		
Event Medics	Chris: 021 460 991 Becks: 027 410 0008		

# Aka Aka – Otatau Course B



## Pukekohe TTT Marshal Allocation

### School/Marshals' duties are:

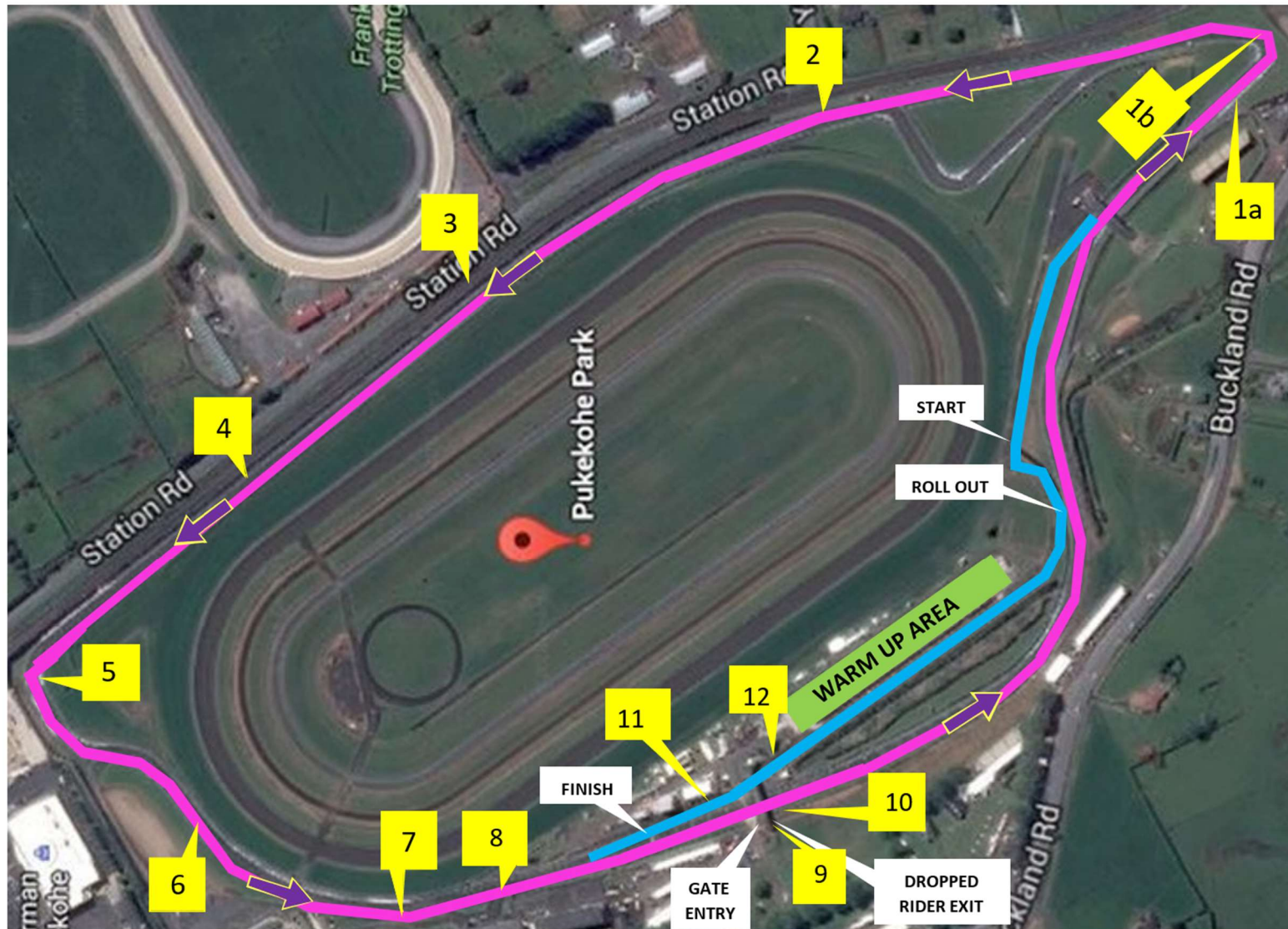
- Marshals Meeting at 8:15am
- Marshalls 2, 3, 4, 5 to be at Shed 2 8.40am for pick up
- All marshals to be in position by 8.45am.
- Once in location, check track surface. Report any concerns to Race Manager on walkie talkie (RT)
- Remain in location until the Race Manager gives all clear for the race to end.

### Gear Check Officials, Start Officials & Timekeeper Officials

- Report to area at 7.35am to be allocated tasks.

Job Allocation & Location	Description	School	Number
Mustering/Bike Check		Westlake Boys	3
Starter	Ensure riders in correct order and get off on time. Bring Marquee & table	Kings College	3
#1a Sharp bend (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Saint Kentigern	1
#1b Sharp bend (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Takapuna College	1
#2 Along back straight (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Macleans	1
#3 Along back straight (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Selwyn College/ Sacred Heart/ Glendowie	1
#4 Along back straight (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	ACG Parnell College	1
#5 Corner off back straight (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Saint Kentigern	1
#6 Bend after corner (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Saint Kentigern	1
#7 Corner before finish chute (RT)	Check riders' safety & any dropped riders. Please bring in flag at end of race.	Diocesan	1
#8 Entrance of finishing chute (RT)	Warn dropped riders that they are about to be removed from course and to move right (outside of track). Please bring in flag at end of race.	Baradene	1
#9 & #10 Main Gate – Outside track	Removing dropped riders off the course. Monitor gate access – always remains closed	Baradene	1
#11 After finish (No folder)	Slowing down cyclists & making sure chute is clear from spectators/whistle warning	Epsom Girls	2
Car Parking (no folder to be collected)	Marshalling cars into car park/ keeping cars off grass	Takapuna Grammar	2
Course Set Up	Putting out cones and flags on course. Please return flag bags to College Sport shed	Auckland Grammar	4
Course Pack up	Packing up cones and returning to shed	St Peters	3
Race Director (RT)	Collette Amai: 027 4935 073		
Race Manager (RT)	Logan Townsend: 022 097 9599 Brendon Patterson: 021 335 029		
Event Medics	Chris: 021 460 991 Becks: 027 410 0008		

# TTT Race Map – Pukekohe Park





## Pukekohe Event Shed Allocations

School	Shed #
College Sport Auckland	2
St Cuthbert's College	4
Takapuna Grammar School	5
Selwyn College & Avondale & Westlake Girls	6
Sacred Heart & Macleans College	7
Glendowie & Selwyn College	8
ACG Parnell College	9
King's College	10 & 11
Diocesan School for Girls	12 & 13
Westlake Boys High School	14 & 15
Saint Kentigern College	16 & 17
St Peter's College (Akld)	20
Baradene College of the Sacred Heart	21 & 22
Auckland Grammar School	Under stand equiv. 4
Epsom Girls Grammar School	Under stand equiv. 4

# Team Time Trial Competition Rules

## Introduction

These rules are intended to create an environment for fair competition between all teams provide safety and protection

This event is administered under the bylaws of College Sport. Please refer to the College Sport website or app for further information on their bylaws and policies [www.collegesport.co.nz](http://www.collegesport.co.nz)

Racing will be run under Cycling New Zealand Schools Rules. You can access these rules by visiting Cycling New Zealand School website.

## General conduct of competitors

Competitors will:

- Practice sporting behavior always.
- Be responsible for their own safety and the safety of others: obey instructions from race officials.
- Treat other competitors, officials, and spectators with respect and courtesy.
- Be responsible for knowing and following the rules.
- Wear issued numbers on right shoulder. Please ensure these are placed on the front of the shoulder so they are visible to the spotters as teams are approaching them.
- Any instance of dangerous riding or breach of race rules will incur a penalty.

## Parking

Parking is available in the designated car park. Please follow carpark marshal instructions.

## Race entry procedures

- Senior competitors must be under the age of 20 on 31<sup>st</sup> December in the year of competition: Junior competitors must be under 16 years on 31<sup>st</sup> December in the year of competition.
- Current attendance at the school entering the team is mandatory for all team members.
- Each team entry must include the names and date-of-birth of each rider.
- Each team entry must include the name and phone contact of a designated official for that team to perform marshalling duties.
- All schools are to have their team ride in correct uniforms / colors.
- Composite teams must be submitted to College Sport prior to any racing.

## Equipment

- Standard approved safety helmets must be worn securely fastened when warming up, racing, and warming down. Aero Helmets are permitted. Helmets must comply with CNZ School rules.
- Conventional drop handlebars only are permitted; triathlete type bars including clip-ons and/or bull bars are not permitted.
- Disc, composite, and tri-spoke wheels are not permitted.
- Wheels must have a minimum of 16 spokes and rims be no deeper than 55mm.
- There will be random Bike/Equipment checks at every race. A failure means a NO ride. A list of the Bike/Equipment check standards will be posted on the College Sport website. [www.collegesport.co.nz](http://www.collegesport.co.nz)

## The Race

- Senior teams consist of no more than 5 riders. The team's time is taken when the front of the fourth rider's front wheel crosses the finish line. Teams may start with only four riders but teams finishing with three or fewer riders will not receive a time.
- Junior teams are to consist of no more than 4 riders. The team's time is taken when the front of the third rider's front wheel crosses the finish line. Teams may start with only three riders but teams finishing with two or fewer riders will not receive a time.
- Gears will be checked at the race start no later than 10 minutes before a team races. Over-geared teams may receive an unofficial start, at the discretion of the race manager.
- The event's start time is **10:00am**. Teams leave at 1-minute intervals. Seeding is based on the results of the previous team time trial with the fastest team leaving first.

## Otaua Events

- Roads are open.
- Teams must always follow the road rules.
- Team must keep to the left of the road and never cross the centerline.
- Teams complete one lap of the course.
- Teams may pass other teams on the right, keeping in their lane
- Dropped riders should finish the lap. If they are not able to then they must take care not to cross the finish line before their team – this can adversely affect the results.

## Start

- Each rider will start with one foot on the ground in the defined starting area. Held starts are not permitted.
- Any team that misses its start may receive an unofficial start, at the discretion of the race manager, after the last team has departed, time permitting.
- Outside help during the race, unless for acceptable safety measures, will result in disqualification.

## Overtaking

- When overtaking a clear 2-metre-wide gap should be maintained between all the riders, in both teams, all of time.
- The passing team must call the side they are passing on, calling of overtaking/passing must be loud.
- The passed team must call "clear" when the last rider of the team overtaking has passed the lead rider of the overtaken team.
- The passed team must not speed-up to prevent an overtaking maneuver and must not draft the passing team.
- Passed teams must drop back 20m after being passed then continue racing.
- Any overtaking must be undertaken cleanly without any danger to either team.
- Interference with another team will result in penalties.

## Finish

At least 4 of the 5 for seniors, and 3 of the 4 Juniors of the team members must complete the entire length of the race and all finish in proximity.

## Placing

- In deciding the overall placings for the championship series of races, the worst result for each team will be dropped from all calculations.
- In the event of a tie - final placing on last race of the TTT Series – this applies to first three placings

## Infringements and penalties

Infringements include	Penalties include
Deliberate interference with another team.	Warning
Drafting.	
Failure of marshals to attend.	Time penalty
Failure of teams to provide marshals.	
Failure to finish as a team.	Points penalty
Failure to keep always left.	
Riding without both hands-on handlebars	Disqualification
Over gearing.	
Team being paced or followed during race.	Suspension
Too many riders in a team.	
Unsporting behavior.	Expulsion
Use of inappropriate language and behavior.	

## Protest Procedures

- Any disputes or infringements are to be notified to the Collee Sport Manager within 30 minutes of alleged dispute or infringement.
- Penalties will be determined by the race manager and Disputes Committee dependent on the severity of the infringement and based upon all reports and precedent. The penalties will be displayed on the provisional results which will be online.
- Teams may appeal any penalty – a form can be downloaded from [www.collegesport.co.nz](http://www.collegesport.co.nz) and must be forwarded to College Sport no later than 12 noon Monday after race day. It will be up to schools to provide sufficient information on the form to enable the Disputes Committee to make a reasoned decision. This protest form will need to be signed off by your school i.e., TIC of Cycling/Sports Director, before being submitted.
- The Disputes Committee will review the appeal with relevant parties

## Cancellation

- The Race Manager has the discretion to cancel racing at any time should he feel the safety of the riders is compromised due to the weather conditions and or any other factors he chooses to consider in conjunction with the Race Director.

### **Sponsorship logo on school playing uniform**

- School Cycling Teams may adopt sponsorship on their cycling uniforms referring to the following guidelines:
- The school's playing uniform should maintain its identity
- The size or position of any sponsorship logo must not dominate or detract from, that school's uniform's distinguishable nature.
- No alcohol, tobacco, night club or similar advertising may appear on any clothing worn by secondary school students while competing in a sanctioned secondary schoolsport.
- Teams' or individuals' sponsorship may not conflict with any sponsorship arrangements of the event or competition.

NB – These uniform rules are set by College Sport and will not conform the requirements of racing in CNZ Schools Rules. If you are designing your school kit, please refer to these rules to avoid disappointment at CNZ Schools events.

## Championship Series Honors Board

Senior Boys Championship	Year	Senior Girls Championship
Massey High School	1994	Massey High School
Massey High School	1995	Massey High School
Massey High School	1996	Epsom Girls Grammar
Auckland Grammar and Massey High School	1997	Epsom Girls Grammar
Auckland Grammar School	1998	Diocesan School
Auckland Grammar School	1999	Diocesan School
Auckland Grammar School	2000	Diocesan School
Auckland Grammar School	2001	Epsom Girls Grammar
Auckland Grammar School	2002	Diocesan School
Auckland Grammar School	2003	Diocesan School
Saint Kentigern College	2004	Diocesan School
Saint Kentigern College	2005	Diocesan School
Saint Kentigern College	2006	Diocesan School
Auckland Grammar School	2007	Diocesan School
Auckland Grammar School	2008	Diocesan School
Westlake Boys and Auckland Grammar	2009	Diocesan School
Westlake Boys High School	2010	St Cuthbert's College
Saint Kentigern College	2011	St Cuthbert's College
Auckland Grammar School	2012	St Cuthbert's College
Saint Kentigern College	2013	Saint Kentigern College
Saint Kentigern College	2014	Baradene College
Auckland Grammar School	2015	Saint Kentigern College
Auckland Grammar School	2016	Baradene College
Saint Kentigern College	2017	Baradene College
Auckland Grammar School	2018	Epsom Girls Grammar School
Auckland Grammar School	2019	Epsom Girls Grammar School
Auckland Grammar School	2020	Epsom Girls Grammar School
Auckland Grammar School	2021	Epsom Girls Grammar School
Auckland Grammar School	2022	Saint Kentigern College
Junior Boys Championship	Year	Junior Girls Championships
Auckland Grammar School	2000	
Auckland Grammar School	2001	
Auckland Grammar School	2002	
Auckland Grammar School	2003	
Saint Kentigern College	2004	Diocesan School
Saint Kentigern College	2005	St Cuthbert's College
Auckland Grammar School	2006	Diocesan School
Auckland Grammar School	2007	Diocesan School
Saint Kentigern College	2008	Diocesan School
Auckland Grammar School	2009	Diocesan School
Auckland Grammar School	2010	St Cuthbert's College
Saint Kentigern College	2011	Westlake Girls High
Auckland Grammar School	2012	Takapuna Grammar School
Saint Kentigern College	2013	Baradene College
Takapuna Grammar School	2014	Baradene College
Takapuna Grammar School	2015	Baradene College
Takapuna Grammar School	2016	Takapuna Grammar School
Auckland Grammar School	2017	Baradene College
Auckland Grammar School	2018	Saint Kentigern College

Auckland Grammar School	2019	Epsom Girls Grammar School
Auckland Grammar School	2020	Epsom Girls Grammar School/Baradene College
Auckland Grammar School	2021	Epsom Girls Grammar School
Auckland Grammar School	2022	Saint Kentigern College

<b>Course record - PUKEKOHE</b>			
Senior Boys	21:14.72	Auckland Grammar School A	2020
Senior Girls	23:17.22	Epsom Girls Senior A	2019
Junior Boys	22:18.00	Auckland Grammar School A	2018
Junior Girls	24:06.00	Saint Kentigern College	2018

<b>Course record - WATERFRONT</b>			
Senior Boys	20:06.07	Auckland Grammar School	2008
Senior Girls	22:52.90	St Cuthbert's College	2011
Junior Boys	21:31.90	Auckland Grammar School Jnr A	2008
Junior Girls	24:20.01	Diocesan School	2009

<b>Course record - MANGERE</b>			
Senior Boys	21:55.81	Massey High School	2014
Senior Girls	24:57.26	Saint Kentigern College A	2014
Junior Boys	22:41.80	Takapuna Grammar A	2014
Junior Girls	26:11.25	Baradene College A	2013

<b>Course record – Aka Aka Otaua*</b>			
Senior Boys	21:28:77	Auckland Grammar School	2022
Senior Girls	24:06:94	Saint Kentigern College A	2022
Junior Boys	22:38:73	Auckland Grammar School Jnr A	2022
Junior Girls	26:46:86	Saint Kentigern College A Jnr A	2022

\*Personal Best for 2 years, records are after 3 years of event.



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