

2023 College Sport Auckland Dragon Boat Championships

Notice of Race

- Entries:** Entries must be submitted online via [Auckland Dragon Boats](#) and EnterNOW on **Tuesday 7th February 2023** at 11.59pm
- College Sport will invoice schools once the season has begun.
 - Teams withdrawn after the entry closing date will still be liable for the entry fee.
 - Late entries may be accepted at the discretion of Auckland Dragon Boat Association.
- About:** Teams are made up of 20 - 24 paddlers, 1 drummer/caller and 1 steers person. All paddlers learn how to paddle in time and devise a race strategy to go the distance whilst the caller encourages them on and the steerer keeps them straight. It is the ultimate team sport coupled with the chant competition means students have the best time of their lives.
- Teams train 2x a week in Term 1 for 7 weeks to compete at the Regional Championships at Lake Pupuke. The sport is open to all ages from 12 up, with the school deciding the mix of ages.
- Dates:** All Grades (Term 1 only)
Registration open: now
Registration close: Tuesday 7th February 2023
Training starts Tuesday 7th February 2023
Training ends Thursday 23rd March 2023
Regional Championships Sunday 26th March 2023, Lake Pupuke, Auckland
- Training venues, days and times:**
1. Pier Z, Westhaven Marina, St Mary's Bay
 2. Killarney Park, Lake Pupuke
- Monday – Thursday
4pm – 5pm
5pm – 6pm
- +30mins prior for roll call, warm up and boat loading
+30mins post for pack down, stretch and team debrief
- Team size:** 24 paddlers, 1 drummer/caller and 1 steerer
- Divisions:** Women
Mixed (minimum 8 women)
Open
- Team management:** All teams must have a teacher or adult with them at every training. This person is to hold the NOK (Next of Kin) details, be aware of any medical problems of players in the team. Teams without supervision may be have their training put on hold.
- Rules and Regulations:** See Auckland Dragon Boat [Rules of Racing](#)
- Race Officials:** Supplied by Auckland Dragon Boat Association.
- Coaches and Sweeps:** Sweeping/Steering the boat can be taught in 2-3 sessions, upon 80% pass of the [NZDBA Sweep Accrediation Course](#). To register for sweep email schools@adba.co.nz. Coaches need a few weeks lead time to source, if needed reach out asap via your school liason on schools@adba.co.nz